

# ASA Competitive Swimming Performance Awards

		Backstroke				Breaststroke			
	Sprint	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	25m	00.24.70	00.21.50	00.19.60		00.27.20	00.23.80	00.21.70	
SC	50m	00.54.40	00.47.50	00.43.00		01.00.40	00.52.70	00.48.00	
SC	100m	01.56.00	01.40.40	01.32.00	01.25.50	02.12.00	01.55.40	01.44.80	01.37.30
		Butterfly				Freestyle			
	Sprint	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	25m	00.23.20	00.20.30	00.18.50		00.21.00	00.18.30	00.16.70	
SC	50m	00.52.40	00.45.70	00.41.50		00.47.00	00.41.00	00.37.20	
SC	100m	01.53.80	01.39.40	01.30.40	01.23.90	01.44.30	01.31.00	01.22.80	01.16.90
		Butterfly				Freestyle			
	Middle Distance	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	200m	04.11.10	03.39.40	03.19.30	03.05.00	04.40.40	04.05.00	03.42.60	03.26.60
		Butterfly				Freestyle			
	Sprint	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	25m	00.23.20	00.20.30	00.18.50		00.21.00	00.18.30	00.16.70	
SC	50m	00.52.40	00.45.70	00.41.50		00.47.00	00.41.00	00.37.20	
SC	100m	01.53.80	01.39.40	01.30.40	01.23.90	01.44.30	01.31.00	01.22.80	01.16.90
		Butterfly				Freestyle			
	Middle Distance	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	200m	04.09.20	03.37.70	03.17.80	03.03.70	03.49.90	03.20.80	03.02.40	02.49.40
SC	400m					08.04.70	07.03.50	06.24.70	05.57.20
LC	200m					03.51.60	03.22.50	03.04.40	02.51.40
LC	400m					08.08.10	07.06.80	06.28.30	06.01.10
		Butterfly				Freestyle			
	Distance	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
SC	800m					16.45.30	14.38.20	13.17.90	12.20.70
SC	1500m					31.43.40	27.42.80	25.10.70	23.22.40
LC	800m					16.47.70	14.44.80	13.25.10	12.28.50
LC	1500m					31.55.00	27.55.20	25.26.10	23.37.10
		Individual Medley							
	Sprint	Bronze	Silver	Gold	Platinum				
SC	4 X 25M	01.58.60	01.43.60	01.34.10					
		Individual Medley							
	Middle Distance	Bronze	Silver	Gold	Platinum				
SC	4 x 50m	04.14.20	03.44.60	03.24.10	03.09.50				
LC	4 x 50m	04.19.20	03.46.40	03.26.00					
		Individual Medley							
	Distance	Bronze	Silver	Gold	Platinum				
SC	400m	09.03.70	07.55.00	07.11.50	06.40.60				
LC	400m	09.07.10	07.58.70	07.15.60					
Performance Awards									

