

Bradford Dolphin Swimming Club Code of Conduct for Poolside Helpers



As a member of coaching staff or a poolside helper you must meet the following requirements in regard to your conduct during any activity held or sanctioned by the club:

1. Be conscious of always presenting a professional appearance on the poolside and be conscious of the example this sets to the swimmers and the image this presents of the club.
2. Excessive alcohol is unacceptable when in charge of or responsible for the welfare of swimmers.
3. When dealing with persons under 18 years of age, avoid unaccompanied and unobserved activities with such persons, and wherever possible, demonstrate a high degree of individual responsibility as your words and actions are an example.
4. Treat all swimmers fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socioeconomic status and other conditions.
5. Always model a willingness to promptly restore positive and forgiving relationships; never holding a grudge towards a swimmer.
6. Provide feedback to swimmers and other participants in a manner sensitive to their needs.
7. Avoid overly negative feedback.
8. Where possible, involve the swimmers in decisions that affect them.
9. Be acutely aware of the power that you as a coach develop with your swimmers in the coaching relationship and avoid any intimacy with swimmers that could be construed as compromising.
10. When dealing with young swimmers, at all times be conscious of and fully embrace the concepts for “Long Term Athletic Development”.
11. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the swimmers.
12. Encourage swimmers to respect one another and to expect respect for their worth as individuals regardless of their level of ability.
13. Encourage and facilitate swimmer’s independence and responsibility for their own behavior, performance, decisions and actions.
14. Recognise swimmers’ rights to consult with other coaches and advisers.
15. Cooperate fully with other specialists (for example, sports scientists, doctors and
16. physiotherapists).
17. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
18. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your swimmers.
19. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
20. Know and abide by rules, regulations and standards, and encourage swimmers to do likewise.
21. Accept both the letter and the spirit of the rules.