



2017 CLUB CHAMPIONSHIPS

Level 4 Meet

(Under ASA Laws & The Technical Rules of Swimming)

The Queen's Diamond Jubilee Centre.
Bruce Williams Way
Rugby
CV22 5LJ

Sessions 3&4 2nd December 2017
License No. 4EM172254

Admission - Adults and children over 12 years £3,
Children 12 years and under free.

We strongly advise that programmes are downloaded in advance, although a limited number will be available on each day for £2 each. There will also be a laminated programme on display at the event in order to view.

Entrance to centre available from 12 pm,
Swimmers will not be allowed on poolside until 12:45pm.



www.rushdenswimmingclub.co.uk



V2 281117



Welcome

On behalf of Rushden Swimming Club I offer all of you a very warm welcome to our 2017 Club Championships held for the 2nd year at the Queen Elizabeth Jubilee Centre in Rugby.

Like 2016 we are collaborating with Daventry Dolphins Swimming Club in a combined Club championship. All the heats will be seeded based on entry times and feature swimmers from both clubs vying for their respective club honours.

For those of you here last year our format has changed slightly with the hotly contested Skins final taking place at the end of session 1 and our highly anticipated Golden Relay at the end of session 2. The Golden Relay has developed into a fantastic fun event, with swimmers in either 13 & under or 14 & over age groups randomly picked from a hat to participate in a 2 person relay where they will have to swim 2 of the 4 legs.

I look forward to watching all the swimmers give their best and achieve new PB's, Club Records and County qualification times. To all the coaches and parents please give the swimmers every encouragement and above all enjoy yourselves.

Finally I would like to thank the staff at Rugby pool, our many poolside officials, volunteers and sponsors who have all stepped up so generously to support our championships today.

Cliff Smith Chair – Rushden Swimming Club

This is not the first time we have collaborated with Rushden Swimming Club, but it is the first time we have, pardon the pun, 'pooled' our resources for a Championships event. We are very grateful to Rushden SC for this opportunity.

5 age groups are being contested, and the swimmers will be trying to win points for each age group race they compete in with the Overall winner determined by totalling the points won for each individual butterfly / breaststroke / backstroke & freestyle event. 1st place wins 6 points down to 1 point for 6th place, therefore a maximum of 24 points are up for grabs. This year, the Club has introduced 200m championships events and there will be overall awards for 200m events as well.

All Daventry Dolphins competitors will receive a Certificate of Participation, with the top 3 in each age group awarded a medal. In addition, overall Age group event winners will receive a perpetual trophy. The 'Overall' winner, runner up and third place in each group will receive a trophy to keep forever and like Rushden we hold a presentation night at a later date.

On behalf of the Daventry Dolphins Swimming Club we would like to thank **ALL** those concerned at both Clubs for doing such a tremendous job in promoting and organising this event. Thank you to all the volunteer helpers today, without whose support this event would not be taking place.

We hope you all have a thoroughly enjoyable time watching the swimmers compete, and once the starting signal has been given, please cheer as loud as you can to support these talented swimmers. It's going to be a really exciting occasion.....

Daventry Swimming Club - Committee





The 2017 Rushden Swimming Club - Club Championships
2nd December License No. 4EM172254



Our Sponsors



We would like to take this opportunity to thank our generous local sponsors who have kindly agreed to support our annual Club Championships.

Rushden Swimming Club is a not for profit volunteer organisation and generosity from your businesses is a fantastic contribution to our goal continually improving the club while providing value for money.

We are very lucky to have such excellent community partnerships and we would encourage you all to support their businesses as they support our fantastic club.

Thank you all again for your thoughtfulness, generosity and continued support of Rushden Swimming Club.

Rushden Swimming Club
Committee



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www.rushdenswimmingclub.co.uk



Championship Rules & Conditions

EVENT: This Meet has been licensed at L4 by the ASA for Entry into County Competitions.

VENUE: The Meet will take place at The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ.

DATE: Saturday 2nd December 2017. There are two sessions each day:

Session 3 – 1 pm warm up (50 mins) 2pm start

Session 4 – 5pm Warm up (tbc & 50m) 6pm Start

Session duration - All Sessions approximately 2½ - 3hours respectively

Results sheets will be available on-line after the event at www.rushdenswimmingclub.co.uk

POOL: All distances for this Open Meet will be 50m, 100m, & 200m. 25 metre 8 lane Pool with anti-turbulence lane ropes. Quantum Electronic timing and OMEGA timing pads, 10-line scoreboard in conjunction with a computerised result service. The depth of the water at the shallow end is 1m and at the deep end is 2.5m. The Teaching pool; which can be accessed via the main Pool Hall, will be used for warm up and warm down purposes only. The length of the Teaching pool is 17m x 8m, with a maximum depth of 1.8m throughout.

AGE GROUPS: The competition is open to eligible competitors as defined by ASA Laws in the following age groups: –8yrs & under, 9yrs & under, 11yrs & under, 13yrs & under, 15yrs & under and Open. (Age as at Midnight 31st December 2017).

ENTRIES:

1. All competitors must be eligible as defined under ASA Laws and may enter events only in their age group. ASA event entry conditions for age group swimming will be applied. All competitors must be registered with the ASA.
2. Competitors diving into the pool must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.
3. As many heats as possible will be run in the time available for the meet. The promoters reserve the right to amend the number of heats in each event to comply with session timing and bather loading requirements.
4. Individual entry forms must be submitted to your Team Manager, complete with ASA numbers, 25m swim times (50m conversions times will be accepted). If no time is available then please put a tick in the box. Entries that are incomplete, illegible or sent without the correct entry fee may be rejected.
5. Entry fee: £4.00 for each event entered.
6. Remittances (bank transfer). Method of payment will be by Bank transfer **only upon receipt of an Invoice**.
7. Entries for this Meet will be held on computer and as required by the Data Protection Act 1998 permission to hold such personal data will be deemed to have been given by the submission of an entry. Personal data will be available for inspection during the Championships on application to the Promoter.
8. The Meet will be timed on the submitted entry times, if swimmers have no time to enter then please just tick the box for event selection. If a time is provided **PLEASE ENSURE IT IS ACCURATE**.
9. Subsequent amendments to entry times will not be permitted and **NO** 'on the day' requests will be accepted.
10. Official closing date: Midnight on **MONDAY 2nd OCTOBER 2017**.
11. **WITHDRAWALS:** Any swimmer who does not report for an event they have entered without informing the Meet Secretary prior to warm-up will be excluded from swimming in any other event that day.
12. There will be no refunds for withdrawals after the accepted/rejected entries lists have been published. Refunds for injuries must be supported by a Doctor's note and will payable at the clubs discretion; they must be received before the closing date of the meet.
13. Over the top & side by side starts may be used.





Championship Rules & Conditions

14. The promoter reserve the right to alter these conditions if necessary, any alterations will be sent for approval by the Regional Licensing Officer prior to the meet, and the amended conditions will be made available on the website. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws or FINA Technical Rules

NOTE: No entries will be accepted without the appropriate fee.

Meet Information

SEEDING: All events will be seeded in time classification, the slowest competitors being in the first heat.

SKINS: Entries for skins will be determined as follows: Age groups 13 years & U and 14 years & Over with the top 8 girls and top 8 boys overall in 100 IM, with reserves so that the event is started with a full 8 lanes. Skins will be swum over 50m, with stroke being picked out of a hat prior to the start of each race. Races will alternate between 13yrs & under (1st) then 14yrs & over; to give the swimmers a chance to rest between each race with a 3 minute turnaround in operation. Individual awards for the first three places in each of the 2 age groups will be presented at the end of each day.

Golden Relay Rules

- Teams will be drawn out of the hat on the day of the competition
- Teams must consist of 1 boy and 1 girl
- Each swimmer must swim 2 legs of the relay
- Legs will be swum in Individual Medley relay order
- Each leg will be 50 metres

POOLSIDE: Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet. Coaches' passes can only be obtained by an affiliated Club at £10.00 per day and include Heat sheets, poolside refreshments, Buffet tea and hot and cold drinks. These cannot be purchased on the day of the Meet, coaches in possession of a coach pass are allowed on poolside during warm ups and any Coach without a pass will be asked to leave the poolside.

Wet swimmers are not allowed in the spectator area.

DBS Check It is the responsibility of the Club applying for coach pass to ensure their team manager and coach is DBS checked and named on the Club's application form. Poolside passes will only be issued to those named by their club.

WARM-UP: The pool will be available for a warm-up during the 1 hour prior to the start of each session.

PHOTOGRAPHY: All participants and spectators must observe the safety precautions in operation at The Queen's Diamond Jubilee Centre Pool and must be aware that the use of cameras and camcorders of any kind is not allowed within the building including mobile phones with inbuilt cameras.

Neither Rushden Swimming Club nor Better Rugby can be held responsible for loss or damage to spectators' or competitors' property.

REFRESHMENTS: Cafeteria plus hot and cold drinks and snacks machines available.

AWARDS: Individual awards will go to the first three placing's amongst Rushden Swimming Club swimmers only, in each of the HDW events in the following age bands: 8yrs & under, 9yrs & under, 11yrs & under, 13yrs & under, 15yrs & under and Open. (age as at Midnight 31st December 2017). Top three placings will be announced throughout the event, medals will be presented at our Presentation Evening. All swimmers will be provided with a certificate confirming swim times following the final Championships in December.

PROMOTER: Alison Bales (teammanager@rushdenswimmingclub.co.uk)





Pool-side (Technical Officials) & Volunteers

Rushden and Daventry Swimming Club would like to thank all Volunteers, Officials and Helpers for their time and assistance with running the 2017 Club Championship Meet. Without their support and dedication our swimmers would not have these championships and other open meets to swim at.

If you take your son or daughter to swimming meets and feel you can assist with being a Time Keeper, Official or just a helper please contact Denise Protty at Rushden & Lesley Sharpe at Daventry. Full training is provided and the perks include, Free Entry, Lunch, Tea & Coffee and a programme!

Andy Aitken	Rushden	Simon Frazer	Rushden	Morag Larsen	Daventry
Neil Bales	Rushden	Karen Frazer	Rushden	Rose Coates	Daventry
Alison Bales	Rushden	Fiona Hopkins	Rushden	Aimee Tilley	Daventry
Adrian Jones	Rushden	Trevor Eaton	Rushden	Kevin Beasley	Daventry
David Knight	Rushden	Sandra Kabi	Rushden	Nicky Thomas	Daventry
Jon Bushell	Rushden	Steve Oram	Rushden	Jayne Batson	Daventry
Neal Campbell	Rushden	Toni Norman	Rushden	Claire Stevens	Daventry
Lizzie Carlyle	Rushden	Denise Protty	Rushden	Helen Ward	Daventry
Emm Chapman	Rushden	Sharon Rowthorn	Rushden	Kate Bush	Rushden
Janine Cullen	Rushden	Sam Snook	Rushden	Amanda Weller	Daventry
Tania Clarke	Rushden	Kerry Swallow	Rushden	Mike Hemmings	Daventry
Liz Bushell	Rushden	Daniel Swallow	Rushden	Ian Pratt	Rushden
Andy Davies	Rushden	Rose Usher	Rushden	Melanie Sharpe	Daventry
Matt Usher	Rushden	Stephen Ward	NASA	Stephen Ayris	Daventry
Josie Williams	Rushden	Mujgan Yilmaz	Rushden	Sharon Winter	Daventry
Luke Chapman	Rushden	Adrienne Scotney	Rushden	Katrina Dunnett	Daventry
Matt Mander	Rushden	Terry Bream	NASA	Lawrence Webb	Daventry
Sue Bream	NASA	Paula Thomas	Wellingborough	Barry Coles	Daventry
Jean Thomas	Wellingborough	Brett Batson	Daventry	Tunde Grindrod	Daventry
Lesley Sharpe	Daventry	Jax Browne	Daventry	Rupert Saville	Daventry
Jo Laidlaw	Daventry	Caroline Roberts	Daventry	Ricky Haycock	Rushden
Rob Sharpe	Daventry	Saffron Beasley	Daventry		





Championship Schedule

Saturday 2nd December 2017

Session 3			
Warm Up: 1.15pm – 2pm (45 minute warm up)			
Event No.	Event		
19	G	400m	Freestyle
20	B	200m	IM
21	G	100m	IM
22	B	100m	Backstroke
23	G	100m	Freestyle
24	B	200m	Breaststroke
25	G	50m	Butterfly
26	B	50m	Backstroke
27A&B	G	50m	Skins

Session 4			
Warm Up: Approx. 5pm – 5.30pm. (45 minute warm up)			
Event No.	Event		
28	B	400m	IM
29	G	200m	Backstroke
30	B	100m	Butterfly
31	G	100m	Breaststroke
32	B	200m	Freestyle
33	G	200m	Butterfly
34	B	50m	Breaststroke
35	G	50m	Freestyle
36	Mxd	100m	13&u Golden Relay





Session 3 – Start 2pm

EVENT 19 Girls Open 400m Freestyle

1	Evette Kabi	11	Rushden	10:00.00	8	Tamzin Rowthorn	11	Rushden	6:04.44
2	Arabella Scotney	12	Rushden	10:00.00	9	Megan Rowthorn	11	Rushden	6:03.75
3	Jessica Steward	11	Rushden	10:00.00	10	Olivia Snook	14	Rushden	5:24.99
4	Grace Cardall	11	Rushden	10:00.00	11	Kayleigh Johnson	14	Rushden	5:22.40
5	Amber Haycock	10	Rushden	7:57.54	12	Mollie Chapman	12	Rushden	5:17.88
6	Keira Swallow	11	Rushden	6:50.01	13	Freya Cole	16	Rushden	4:45.52
7	Elena Vasileva	14	Rushden	6:44.65	14	Ciara Usher	15	Rushden	4:41.93

EVENT 20 Boys Open 200m IM

1	Ciaran Long	8	Daventry	10:00.00	16	Ryan Protty Gibbs	12	Rushden	3:19.64
2	Edward Holmes	11	Daventry	10:00.00	17	James Ward	13	Daventry	3:19.09
3	Zachary Johnson	11	Daventry	10:00.00	18	Ryan Coles	12	Daventry	3:13.97
4	Daniel Speck	13	Daventry	10:00.00	19	Joseph Burrows	13	Daventry	3:10.88
5	Jude Walters	11	Daventry	10:00.00	20	Henry Knight	12	Rushden	3:08.89
6	Jacob Ayris	10	Daventry	10:00.00	21	Dylan Walton-Pratt	13	Rushden	3:06.24
7	Iolo Roberts	10	Daventry	5:17.88	22	Philippe Oram	14	Rushden	3:05.69
8	Kobi Covill	9	Daventry	4:27.64	23	Jordan Coles	14	Rushden	3:02.30
9	Harry Chapman	10	Rushden	3:54.82	24	Adam Frazer	11	Rushden	3:01.67
10	Oliver Dunnett	9	Daventry	3:36.86	25	Stanley Beasley	13	Daventry	2:52.84
11	Tyler Coles	11	Daventry	3:34.53	26	Albert Malsher	14	Rushden	2:51.30
12	Jake Bushell	12	Rushden	3:31.72	27	Samuel Ayris	16	Daventry	2:28.72
13	James Usher	10	Rushden	3:27.54	28	Thomas Stevens	17	Daventry	2:28.04
14	Kian Saville	17	Daventry	3:27.12	29	Travis Boddington	15	Rushden	2:25.31
15	Matthew Natawidjaja	12	Daventry	3:24.80	30	Callum Protty Gibbs	15	Rushden	2:23.98

EVENT 21 Girls Open 100m IM

1	Annabel Coleman	9	Rushden	10:00.00	16	Elena Vasileva	14	Rushden	1:28.38
2	Amber Haycock	10	Rushden	2:21.93	17	Evette Kabi	11	Rushden	1:28.02
3	Chloe Pow	9	Rushden	2:10.61	18	Evelyn Mellor	12	Rushden	1:27.81
4	Jessica Steward	11	Rushden	2:02.07	19	Caitlin Hopkins	12	Rushden	1:26.70
5	Valentina Vasileva	10	Rushden	1:59.61	20	Rachel Frazer	14	Rushden	1:26.48
6	Elli Smith	12	Rushden	1:50.00	21	Ashleigh Bales	13	Rushden	1:24.53
7	Lois Withers	13	Rushden	1:49.81	22	Tamzin Rowthorn	11	Rushden	1:20.91
8	Lucy Emilien	11	Rushden	1:49.73	23	Arabella Scotney	12	Rushden	1:20.38
9	Grace Cardall	11	Rushden	1:46.34	24	Mollie Chapman	12	Rushden	1:20.25
10	Lara Yilmaz	12	Rushden	1:45.31	25	Kayleigh Johnson	14	Rushden	1:16.86
11	Florence Carlyle	10	Rushden	1:44.04	26	Molly Britchford	18	Rushden	1:11.01
12	Lauren King	11	Rushden	1:43.05	27	Amber Bales	16	Rushden	1:10.70
13	Matilda Scotney	10	Rushden	1:42.62	28	Ciara Usher	15	Rushden	1:09.61
14	Keira Swallow	11	Rushden	1:32.42	29	Freya Cole	16	Rushden	1:09.36
15	Megan Rowthorn	11	Rushden	1:28.97					



Session 3

EVENT 22 Boys Open 100m Backstroke

1	Oliver Dunnett	9	Daventry	10:00.00	19	James Ward	13	Daventry	1:27.46
2	Matthew Natawidjaja	12	Daventry	10:00.00	20	Dylan Walton-Pratt	13	Rushden	1:26.18
3	Joshua Mander	12	Rushden	10:00.00	21	Noah Williams	15	Rushden	1:25.85
4	Iolo Roberts	10	Daventry	10:00.00	22	Adam Frazer	11	Rushden	1:24.10
5	George Robbins	10	Daventry	10:00.00	23	Ryan Coles	12	Daventry	1:23.06
6	Kobi Covill	9	Daventry	10:00.00	24	Philippe Oram	14	Rushden	1:22.20
7	Theo Applewhaite	12	Daventry	2:27.82	25	Stanley Beasley	13	Daventry	1:21.76
8	Daniel Speck	13	Daventry	2:21.15	26	Joseph Burrows	13	Daventry	1:19.93
9	Jacob Ayris	10	Daventry	2:07.59	27	Henry Knight	12	Rushden	1:17.36
10	Jude Walters	11	Daventry	2:02.66	28	Stephen Loc	15	Daventry	1:13.75
11	Charles Smith	14	Rushden	1:54.07	29	Samuel Ayris	16	Daventry	1:12.95
12	Kacper Kula	12	Daventry	1:44.06	30	Skip Snelson	15	Daventry	1:12.65
13	Kian Saville	17	Daventry	1:37.54	31	Nathan Jones	16	Rushden	1:11.88
14	James Usher	10	Rushden	1:36.44	32	Thomas Stevens	17	Daventry	1:08.90
15	Tyler Coles	11	Daventry	1:32.97	33	Callum Protty Gibbs	15	Rushden	1:06.76
16	Ryan Protty Gibbs	12	Rushden	1:29.45	34	Jack Chapman	15	Rushden	1:06.64
17	Ruben Snelson	12	Daventry	1:29.13	35	Marcus Eaton	23	Rushden	1:00.87
18	Albert Malsher	14	Rushden	1:28.94					

EVENT 23 Girls Open 100m Freestyle

1	Florence Carlyle	10	Rushden	10:00.00	27	Lauren King	11	Rushden	1:35.53
2	Alice Berrill	9	Daventry	10:00.00	28	Orla Eyton-Jones	11	Daventry	1:30.40
3	Lyla Hepworth	10	Daventry	10:00.00	29	Nicole Hall	12	Daventry	1:29.79
4	Anisha Bhosle	11	Daventry	10:00.00	30	Abigail Laidlaw	13	Daventry	1:29.04
5	Sophie O'Shea	10	Daventry	10:00.00	31	Evelyn Mellor	12	Rushden	1:28.71
6	Matilda Scotney	10	Rushden	10:00.00	32	Grace Cardall	11	Rushden	1:27.30
7	Lauren Sharman	14	Daventry	10:00.00	33	Hannah Mirza	14	Daventry	1:26.71
8	Mia Webb	9	Daventry	10:00.00	34	Keira Swallow	11	Rushden	1:25.94
9	Grace Grindrod	9	Daventry	10:00.00	35	Elena Vasileva	14	Rushden	1:23.45
10	Emilia Fowler	11	Daventry	10:00.00	36	Megan Rowthorn	11	Rushden	1:21.68
11	Tia Bonsor	9	Daventry	10:00.00	37	Holly Thompson	15	Daventry	1:21.64
12	Danielle Hall	9	Daventry	10:00.00	38	Evette Kabi	11	Rushden	1:21.34
13	Annabel Coleman	9	Rushden	10:00.00	39	Victoria Holmes	14	Daventry	1:20.86
14	Isabella Dunnett	9	Daventry	10:00.00	40	Arabella Scotney	12	Rushden	1:20.73
15	Fern Walters	9	Daventry	10:00.00	41	Hannah Davies	11	Daventry	1:19.40
16	Katy Price	12	Daventry	10:00.00	42	Cara Roberts	11	Daventry	1:19.02
17	Chloe Pow	9	Rushden	2:12.04	43	Anna Coates	13	Daventry	1:18.90
18	Valentina Vasileva	10	Rushden	2:10.09	44	Caitlin Hopkins	12	Rushden	1:17.27
19	Lucy Emilien	11	Rushden	2:01.30	45	Rachel Frazer	14	Rushden	1:16.91
20	Tia Cummings	12	Daventry	1:58.31	46	Tamzin Rowthorn	11	Rushden	1:16.07
21	Jessica Steward	11	Rushden	1:55.80	47	Isabel Sharp	11	Daventry	1:15.90
22	Lois Withers	13	Rushden	1:51.76	48	Greta Grindrod	14	Daventry	1:13.59
23	Harriet Gibbs	9	Daventry	1:47.15	49	Trinity McCleary	12	Daventry	1:13.17
24	Amber Haycock	10	Rushden	1:43.57	50	Emily Weller	13	Daventry	1:12.06
25	Lara Yilmaz	12	Rushden	1:40.48	51	Francesca Miller	15	Daventry	1:11.17
26	Elli Smith	12	Rushden	1:36.29	52	Bethan Thomas	13	Daventry	1:10.80



Session 3

53	Kayleigh Johnson	14	Rushden	1:07.43	60	Keely Saville	16	Daventry	1:04.24
54	Mollie Chapman	12	Rushden	1:07.23	61	Lucy Browne	13	Daventry	1:03.80
55	Olivia Snook	14	Rushden	1:07.22	62	Hannah Hawkins	18	Rushden	1:03.65
56	Libby Ward	17	Daventry	1:06.65	63	Amber Bales	16	Rushden	1:03.35
57	Chloe Bushell	16	Rushden	1:06.30	64	Molly Britchford	18	Rushden	59.73
58	Rachel Coates	16	Daventry	1:05.19	65	Freya Cole	16	Rushden	58.68
59	Chelsie Winter	13	Daventry	1:04.90	66	Ciara Usher	15	Rushden	58.60

EVENT 24 Boys Open 200m Breaststroke

1	Oliver Dunnett	9	Daventry	10:00.00	15	Joseph Burrows	13	Daventry	10:00.00
2	Edward Holmes	11	Daventry	10:00.00	16	Jacob Ayris	10	Daventry	10:00.00
3	Charles Smith	14	Rushden	10:00.00	17	Kian Saville	17	Daventry	4:11.40
4	Iolo Roberts	10	Daventry	10:00.00	18	Albert Malsher	14	Rushden	4:02.88
5	Skip Snelson	15	Daventry	10:00.00	19	Stanley Beasley	13	Daventry	3:52.04
6	Ruben Snelson	12	Daventry	10:00.00	20	Matthew Natawidjaja	12	Daventry	3:44.60
7	Stephen Loc	15	Daventry	10:00.00	21	Adam Frazer	11	Rushden	3:35.50
8	James King	11	Rushden	10:00.00	22	Jake Bushell	12	Rushden	3:32.56
9	Kobi Covill	9	Daventry	10:00.00	23	Jordan Coles	14	Rushden	3:23.14
10	Daniel Speck	13	Daventry	10:00.00	24	James Ward	13	Daventry	3:20.60
11	Tyler Coles	11	Daventry	10:00.00	25	Henry Knight	12	Rushden	3:08.84
12	Ryan Coles	12	Daventry	10:00.00	26	Callum Protty Gibbs	15	Rushden	2:46.22
13	Theo Applewhaite	12	Daventry	10:00.00	27	Samuel Ayris	16	Daventry	2:43.51
14	Kacper Kula	12	Daventry	10:00.00					

EVENT 25 Girls Open 50m Butterfly

1	Katherine Clarke	8	Daventry	10:00.00	19	Rachel Frazer	14	Rushden	41.01
2	Merle Snelson	8	Daventry	10:00.00	20	Megan Rowthorn	11	Rushden	40.17
3	Emma Becker	8	Daventry	10:00.00	21	Elena Vasileva	14	Rushden	40.13
4	Ilona Marosy	8	Daventry	10:00.00	22	Evette Kabi	11	Rushden	39.37
5	Matilda Scotney	10	Rushden	10:00.00	23	Evelyn Mellor	12	Rushden	39.36
6	Amber Haycock	10	Rushden	10:00.00	24	Caitlin Hopkins	12	Rushden	38.99
7	Faye Eyton-Jones	8	Daventry	10:00.00	25	Arabella Scotney	12	Rushden	37.08
8	Annabel Coleman	9	Rushden	10:00.00	26	Tamzin Rowthorn	11	Rushden	37.07
9	Florence Carlyle	10	Rushden	56.60	27	Ashleigh Bales	13	Rushden	35.48
10	Chloe Pow	9	Rushden	56.39	28	Mollie Chapman	12	Rushden	34.58
11	Valentina Vasileva	10	Rushden	55.80	29	Kayleigh Johnson	14	Rushden	34.44
12	Lois Withers	13	Rushden	54.93	30	Chloe Bushell	16	Rushden	33.78
13	Lucy Emilien	11	Rushden	54.28	31	Amber Bales	16	Rushden	32.05
14	Elli Smith	12	Rushden	51.77	32	Olivia Snook	14	Rushden	31.30
15	Lara Yilmaz	12	Rushden	46.50	33	Ciara Usher	15	Rushden	31.03
16	Grace Cardall	11	Rushden	45.90	34	Hannah Hawkins	18	Rushden	31.00
17	Keira Swallow	11	Rushden	43.83	35	Molly Britchford	18	Rushden	30.96
18	Lauren King	11	Rushden	42.36					



Session 3

EVENT 26 Boys Open 50m Backstroke

1	Ethan Cullen	11	Rushden	10:00.00	12	Dylan Walton-Pratt	13	Rushden	38.86
2	Rhys Mander	8	Rushden	10:00.00	13	Albert Malsher	14	Rushden	37.52
3	Finley Cox	9	Rushden	1:19.44	14	Philippe Oram	14	Rushden	37.49
4	James King	11	Rushden	59.87	15	Adam Frazer	11	Rushden	37.02
5	Ciaran Long	8	Daventry	58.86	16	Jordan Coles	14	Rushden	36.23
6	Joshua Mander	12	Rushden	49.63	17	Henry Knight	12	Rushden	34.64
7	Harry Chapman	10	Rushden	44.31	18	Charles Savage	20	Rushden	33.20
8	James Usher	10	Rushden	43.74	19	Nathan Jones	16	Rushden	32.90
9	Noah Williams	15	Rushden	40.73	20	Callum Protty Gibbs	15	Rushden	30.79
10	Ryan Protty Gibbs	12	Rushden	40.48	21	Jack Chapman	15	Rushden	30.62
11	Jake Bushell	12	Rushden	40.28	22	Marcus Eaton	23	Rushden	28.51

EVENT 9 FINAL OF EVENT 17 Boys 50m Skins (13u & 14o) Sponsored By Anytime Fitness

9a		13u	R1	R2	R3	R4	R5	R6	R7	R8

9b		14o	R1	R2	R3	R4	R5	R6	R7	R8



Puzzle Time

C R W A G Z N H T D R E V U Y A L P R N
 U T W G D M V F E B S O F U P N T C D P
 G O L D M E D A L S L N Y Z N Y G H V H
 M W G A V Y B P C U A A Z J U T I A I S
 P J L O H S X M N O S I M T Y I Q P N F
 B X T C T N P T W W U D K V R M R M D M
 A Z U P L A E I J V D N X C T E D A I Q
 F S Z F Q E Z W H K P T T B N F P N V U
 Y K Y X R U V Z U S S D F Y E I F S I F
 G I K A O U E S I W N O O Z V T P C D S
 C N T C L H O E I P L O Q G A N Z L U V
 H S I H L E A K N P E W I R D E S A A X
 A Z S B S C R B W E N X U P J S O S L S
 N L C A M E N N J E L S K H M S M S M S
 E U D A C U C O E G H I S C K A Q I E E
 U M Z B R O L T I D O N Z Y S U H C D W
 L I Y E Y R T P E S L S W A L Q H C L O
 B X R R X I A N D Q S O A Q B Y M A E F
 N P K U M F K I X N N I G U M E R R Y F
 A Q X M S E L U G L A A M F B V T S V I
 E Z O H B H A Y D E P G M D X Y C H C C
 C C C A D F D P T S H R N R A R A H G I
 O D B G H P E E I B Z O Y I I Y C Y U A
 X X D O H B M U N R T R U G L A X B J L
 N X R D D S R B Q W A I K S O I H F E S
 E L P R B X E C D Q M S X C E P U C W S
 X R T U I J V B C A Y R D P N J O B W E
 G Z S G M O L F I Q R A I N Y F R D L K
 B Y G B K P I L A D E M E Z N O R B G K
 T D D Y F K S B G H D N T C X X E V E I

1		2		2		3		4	
6		7		8		9		10	
11		12		13		14		15	
16		17		18		19		20	
21		22		23		24		25	



Puzzle Time

6	9		2		5		8	
						4		
	7				9		3	
	5	2	3			6		7
		7				8		
9		6			7	3	5	
	1		9					
		8			2			3
	2				3		7	5

Hard

	4		3	7				
8		7	2			9	3	4
6			4			5		
1			7	3				
3	5		9		4		7	
9				6	1			2
		8			2			3
	2	9			3	6		1
4			6	9			8	

Normal

	9	4		7	3		8	2
1		3	2		5	4		
2					8	9	5	
	1		7			2	9	
	2	9			1		6	
	3	7	9	4	2		1	5
7	5	2	3	8	9	6		
			1			5		9
9	6		5			7	3	

Easy



Session 4 – Starts 5.45pm approx

EVENT 28 Boys Open 400m IM

1	Aiden Kabi	13	Rushden	10:00.00	4	James Usher	10	Rushden	7:10.00
2	Henry Knight	12	Rushden	10:00.00	5	Callum Protty Gibbs	15	Rushden	5:14.15
3	Adam Frazer	11	Rushden	10:00.00					

EVENT 29 Girls Open 200m Backstroke

1	Keira Swallow	11	Rushden	10:00.00	24	Anisha Bhosle	11	Daventry	10:00.00
2	Anna Coates	13	Daventry	10:00.00	25	Emily Weller	13	Daventry	10:00.00
3	Francesca Miller	15	Daventry	10:00.00	26	Grace Grindrod	9	Daventry	10:00.00
4	Bethan Thomas	13	Daventry	10:00.00	27	Amber Haycock	10	Rushden	4:09.00
5	Matilda Scotney	10	Rushden	10:00.00	28	Lara Yilmaz	12	Rushden	3:59.80
6	Arabella Scotney	12	Rushden	10:00.00	29	Alice Berrill	9	Daventry	3:51.71
7	Rachel Frazer	14	Rushden	10:00.00	30	Florence Carlyle	10	Rushden	3:50.41
8	Isabel Sharp	11	Daventry	10:00.00	31	Holly Thompson	15	Daventry	3:44.82
9	Hannah Davies	11	Daventry	10:00.00	32	Grace Cardall	11	Rushden	3:43.33
10	Orla Eyton-Jones	11	Daventry	10:00.00	33	Evette Kabi	11	Rushden	3:26.82
11	Isabella Dunnett	9	Daventry	10:00.00	34	Cara Roberts	11	Daventry	3:12.91
12	Tia Cummings	12	Daventry	10:00.00	35	Megan Rowthorn	11	Rushden	3:11.76
13	Abigail Laidlaw	13	Daventry	10:00.00	36	Trinity McCleary	12	Daventry	3:09.53
14	Evelyn Mellor	12	Rushden	10:00.00	37	Tamzin Rowthorn	11	Rushden	3:06.85
15	Elena Vasileva	14	Rushden	10:00.00	38	Libby Ward	17	Daventry	2:57.52
16	Sophie O'Shea	10	Daventry	10:00.00	39	Lucy Browne	13	Daventry	2:57.20
17	Lyla Hepworth	10	Daventry	10:00.00	40	Greta Grindrod	14	Daventry	2:56.96
18	Nicole Hall	12	Daventry	10:00.00	41	Kayleigh Johnson	14	Rushden	2:50.38
19	Katy Price	12	Daventry	10:00.00	42	Rachel Coates	16	Daventry	2:48.80
20	Lauren Sharman	14	Daventry	10:00.00	43	Chelsie Winter	13	Daventry	2:37.08
21	Emma Becker	8	Daventry	10:00.00	44	Keely Saville	16	Daventry	2:33.08
22	Danielle Hall	9	Daventry	10:00.00	45	Philipa Kabi	16	Rushden	2:30.00
23	Katherine Clarke	8	Daventry	10:00.00	46	Ciara Usher	15	Rushden	2:17.17

EVENT 30 Boys Open 100m Butterfly

1	Aiden Kabi	13	Rushden	10:00.00	16	Henry Knight	12	Rushden	1:30.22
2	Kacper Kula	12	Daventry	10:00.00	17	Adam Frazer	11	Rushden	1:29.70
3	Iolo Roberts	10	Daventry	10:00.00	18	Philippe Oram	14	Rushden	1:27.62
4	Edward Holmes	11	Daventry	10:00.00	19	Ruben Snelson	12	Daventry	1:26.39
5	Kobi Covill	9	Daventry	10:00.00	20	Noah Williams	15	Rushden	1:22.65
6	Jacob Ayris	10	Daventry	10:00.00	21	Albert Malsher	14	Rushden	1:22.26
7	Ryan Coles	12	Daventry	10:00.00	22	Stanley Beasley	13	Daventry	1:16.85
8	Daniel Speck	13	Daventry	10:00.00	23	Skip Snelson	15	Daventry	1:15.54
9	Oliver Dunnett	9	Daventry	1:52.10	24	Jack Chapman	15	Rushden	1:10.71
10	Kian Saville	17	Daventry	1:50.60	25	Samuel Ayris	16	Daventry	1:09.82
11	Tyler Coles	11	Daventry	1:46.71	26	Callum Protty Gibbs	15	Rushden	1:07.33
12	Matthew Natawidjaja	12	Daventry	1:46.53	27	Thomas Stevens	17	Daventry	1:07.16
13	James Usher	10	Rushden	1:45.79	28	Stephen Loc	15	Daventry	1:04.70
14	James Ward	13	Daventry	1:39.58	29	Travis Boddington	15	Rushden	1:03.85
15	Joseph Burrows	13	Daventry	1:35.72	30	Marcus Eaton	23	Rushden	1:00.04



Session 4

EVENT 31 Girls Open 100m Breaststroke

1	Florence Carlyle	10	Rushden	10:00.00	32	Hannah Mirza	14	Daventry	1:56.25
2	Danielle Hall	9	Daventry	10:00.00	33	Trinity McCleary	12	Daventry	1:54.69
3	Lauren Sharman	14	Daventry	10:00.00	34	Hannah Davies	11	Daventry	1:53.43
4	Matilda Scotney	10	Rushden	10:00.00	35	Evette Kabi	11	Rushden	1:52.94
5	Arabella Scotney	12	Rushden	10:00.00	36	Victoria Holmes	14	Daventry	1:50.93
6	Emilia Fowler	11	Daventry	10:00.00	37	Keira Swallow	11	Rushden	1:50.78
7	Tia Bonsor	9	Daventry	10:00.00	38	Nicole Hall	12	Daventry	1:50.37
8	Lucy Emilien	11	Rushden	10:00.00	39	Caitlin Hopkins	12	Rushden	1:49.69
9	Grace Grindrod	9	Daventry	10:00.00	40	Anna Coates	13	Daventry	1:48.52
10	Fern Walters	9	Daventry	10:00.00	41	Cara Roberts	11	Daventry	1:46.64
11	Abigail Laidlaw	13	Daventry	10:00.00	42	Megan Rowthorn	11	Rushden	1:43.83
12	Amber Haycock	10	Rushden	10:00.00	43	Kayleigh Johnson	14	Rushden	1:42.02
13	Orla Eyton-Jones	11	Daventry	10:00.00	44	Tamzin Rowthorn	11	Rushden	1:41.34
14	Alice Berrill	9	Daventry	10:00.00	45	Mollie Chapman	12	Rushden	1:37.73
15	Anisha Bhosle	11	Daventry	10:00.00	46	Greta Grindrod	14	Daventry	1:37.57
16	Sophie O'Shea	10	Daventry	10:00.00	47	Rachel Frazer	14	Rushden	1:36.86
17	Lyla Hepworth	10	Daventry	10:00.00	48	Lucy Browne	13	Daventry	1:36.03
18	Valentina Vasileva	10	Rushden	10:00.00	49	Isabel Sharp	11	Daventry	1:36.00
19	Chloe Pow	9	Rushden	10:00.00	50	Francesca Miller	15	Daventry	1:35.54
20	Evelyn Mellor	12	Rushden	10:00.00	51	Ashleigh Bales	13	Rushden	1:34.37
21	Mia Webb	9	Daventry	10:00.00	52	Holly Thompson	15	Daventry	1:33.44
22	Katy Price	12	Daventry	10:00.00	53	Chelsie Winter	13	Daventry	1:33.31
23	Tia Cummings	12	Daventry	2:42.47	54	Libby Ward	17	Daventry	1:27.63
24	Jessica Steward	11	Rushden	2:11.36	55	Bethan Thomas	13	Daventry	1:27.43
25	Harriet Gibbs	9	Daventry	2:06.48	56	Emily Weller	13	Daventry	1:27.30
26	Isabella Dunnett	9	Daventry	2:03.19	57	Keely Saville	16	Daventry	1:26.05
27	Grace Cardall	11	Rushden	2:02.86	58	Rachel Coates	16	Daventry	1:25.22
28	Elli Smith	12	Rushden	2:02.54	59	Ciara Usher	15	Rushden	1:23.01
29	Lois Withers	13	Rushden	2:02.10	60	Hannah Hawkins	18	Rushden	1:20.16
30	Lara Yilmaz	12	Rushden	2:00.71	61	Amber Bales	16	Rushden	1:19.87
31	Lauren King	11	Rushden	1:58.44	62	Freya Cole	16	Rushden	1:16.18

EVENT 32 Boys Open 200m Freestyle

1	Rhys Mander	8	Rushden	10:00.00	13	Iolo Roberts	10	Daventry	10:00.00
2	Matthew Natawidjaja	12	Daventry	10:00.00	14	Charles Smith	14	Rushden	3:29.52
3	Kobi Covill	9	Daventry	10:00.00	15	Harry Chapman	10	Rushden	3:14.61
4	Daniel Speck	13	Daventry	10:00.00	16	Kian Saville	17	Daventry	3:11.44
5	Tyler Coles	11	Daventry	10:00.00	17	Joshua Mander	12	Rushden	3:08.72
6	Jacob Ayris	10	Daventry	10:00.00	18	Ryan Protty Gibbs	12	Rushden	3:06.10
7	Kacper Kula	12	Daventry	10:00.00	19	James Usher	10	Rushden	3:04.86
8	George Robbins	10	Daventry	10:00.00	20	Philippe Oram	14	Rushden	2:59.85
9	Theo Applewhaite	12	Daventry	10:00.00	21	Adam Frazer	11	Rushden	2:49.36
10	Jude Walters	11	Daventry	10:00.00	22	Aiden Kabi	13	Rushden	2:42.02
11	Oliver Dunnett	9	Daventry	10:00.00	23	James Ward	13	Daventry	2:39.31
12	Ryan Coles	12	Daventry	10:00.00	24	Henry Knight	12	Rushden	2:35.82



Session 4

25	Jordan Coles	14	Rushden	2:35.64	32	Skip Snelson	15	Daventry	2:14.38
26	Ruben Snelson	12	Daventry	2:35.01	33	Stephen Loc	15	Daventry	2:14.00
27	Joseph Burrows	13	Daventry	2:34.35	34	Jack Chapman	15	Rushden	2:09.55
28	Stanley Beasley	13	Daventry	2:34.32	35	Callum Protty Gibbs	15	Rushden	2:08.20
29	Albert Malsher	14	Rushden	2:30.43	36	Nathan Jones	16	Rushden	2:06.18
30	Alex Kemp	20	Rushden	2:28.04	37	Travis Boddington	15	Rushden	2:02.92
31	Samuel Ayris	16	Daventry	2:18.51	38	Thomas Stevens	17	Daventry	2:02.80

EVENT 33 Girls Open 200m Butterfly

1	Anna Coates	13	Daventry	10:00.00	14	Cara Roberts	11	Daventry	10:00.00
2	Rachel Coates	16	Daventry	10:00.00	15	Megan Rowthorn	11	Rushden	3:43.61
3	Keely Saville	16	Daventry	10:00.00	16	Tamzin Rowthorn	11	Rushden	3:35.43
4	Abigail Laidlaw	13	Daventry	10:00.00	17	Greta Grindrod	14	Daventry	3:31.77
5	Grace Grindrod	9	Daventry	10:00.00	18	Hannah Davies	11	Daventry	3:29.62
6	Orla Eyton-Jones	11	Daventry	10:00.00	19	Isabel Sharp	11	Daventry	3:19.67
7	Francesca Miller	15	Daventry	10:00.00	20	Ashleigh Bales	13	Rushden	3:13.57
8	Katy Price	12	Daventry	10:00.00	21	Libby Ward	17	Daventry	3:05.60
9	Trinity McCleary	12	Daventry	10:00.00	22	Mollie Chapman	12	Rushden	3:03.72
10	Anisha Bhosle	11	Daventry	10:00.00	23	Chelsie Winter	13	Daventry	3:00.70
11	Tia Cummings	12	Daventry	10:00.00	24	Lucy Browne	13	Daventry	2:59.10
12	Emily Weller	13	Daventry	10:00.00	25	Bethan Thomas	13	Daventry	2:53.46
13	Sophie O'Shea	10	Daventry	10:00.00	26	Ciara Usher	15	Rushden	2:30.00

EVENT 34 Boys Open 50m Breaststroke

1	Ethan Cullen	11	Rushden	10:00.00	13	Dylan Walton-Pratt	13	Rushden	43.68
2	Arthur Gibbs	8	Daventry	10:00.00	14	Adam Frazer	11	Rushden	42.68
3	Rhys Mander	8	Rushden	1:29.31	15	Jake Bushell	12	Rushden	42.22
4	James King	11	Rushden	1:12.39	16	Albert Malsher	14	Rushden	40.95
5	Ciaran Long	8	Daventry	58.68	17	Henry Knight	12	Rushden	40.35
6	Harry Chapman	10	Rushden	54.41	18	Jordan Coles	14	Rushden	39.95
7	Ryan Protty Gibbs	12	Rushden	52.70	19	Nathan Jones	16	Rushden	36.46
8	Joshua Mander	12	Rushden	52.21	20	Callum Protty Gibbs	15	Rushden	35.28
9	Aiden Kabi	13	Rushden	50.54	21	Jack Chapman	15	Rushden	35.25
10	Charles Smith	14	Rushden	50.39	22	Alex Kemp	20	Rushden	33.71
11	James Usher	10	Rushden	48.66	23	Charles Savage	20	Rushden	33.20
12	Philippe Oram	14	Rushden	45.85	24	Marcus Eaton	23	Rushden	31.00

EVENT 35 Girls Open 50m Freestyle

1	Bryony Cook	10	Rushden	10:00.00	10	Chloe Pow	9	Rushden	47.70
2	Ilona Marosy	8	Daventry	10:00.00	11	Valentina Vasileva	10	Rushden	47.31
3	Emily Borner	9	Rushden	10:00.00	12	Jessica Steward	11	Rushden	47.29
4	Merle Snelson	8	Daventry	10:00.00	13	Lucy Emilien	11	Rushden	46.98
5	Faye Eyton-Jones	8	Daventry	10:00.00	14	Florence Carlyle	10	Rushden	44.50
6	Katherine Clarke	8	Daventry	10:00.00	15	Amber Haycock	10	Rushden	42.28
7	Estelle Cook	8	Rushden	10:00.00	16	Lauren King	11	Rushden	41.09
8	Emma Becker	8	Daventry	51.84	17	Grace Cardall	11	Rushden	40.84
9	Lois Withers	13	Rushden	48.79	18	Elli Smith	12	Rushden	40.66



Session 4

19	Matilda Scotney	10	Rushden	38.59	30	Caitlin Hopkins	12	Rushden	32.06
20	Lara Yilmaz	12	Rushden	37.42	31	Mollie Chapman	12	Rushden	31.06
21	Megan Rowthorn	11	Rushden	35.72	32	Kayleigh Johnson	14	Rushden	30.62
22	Keira Swallow	11	Rushden	35.57	33	Olivia Snook	14	Rushden	30.23
23	Elena Vasileva	14	Rushden	35.09	34	Philipa Kabi	16	Rushden	29.44
24	Evelyn Mellor	12	Rushden	34.70	35	Chloe Bushell	16	Rushden	29.42
25	Ashleigh Bales	13	Rushden	34.11	36	Hannah Hawkins	18	Rushden	29.14
26	Evette Kabi	11	Rushden	33.54	37	Amber Bales	16	Rushden	28.79
27	Tamzin Rowthorn	11	Rushden	33.27	38	Molly Britchford	18	Rushden	28.76
28	Rachel Frazer	14	Rushden	33.04	39	Freya Cole	16	Rushden	27.76
29	Arabella Scotney	12	Rushden	32.70	40	Ciara Usher	15	Rushden	27.67

Event 36 Mixed 14&O Golden Relay



2016 Trophy Winners

Event	9u	11u	13u	15u	Open
25 Back	James Usher				
	Liberty Hall				
25 Fly	James Usher				
	Liberty Hall				
25 Breast	James Usher				
	Liberty Hall				
25 Free	James Usher				
	Liberty Hall				
50 Back	James Usher	Henry Knight	Phillipe Oram	Brett Davies	Marcus Eaton
	Liberty Hall	Mollie Chapman	Grace Devlin-Hogg	Ciara Usher	Molly Britchford
50 Fly	James Usher	Adam Frazer	Bertie Malsher	Brett Davies	Marcus Eaton
	Liberty Hall	Mollie Chapman	Olivia Snook	Ciara Usher	Hannah Hawkins
50 Breast	James Usher	Jake Bushell	Davin Smith	Callum Protty-Gibbs	Marcus Eaton
	Florence Carlye	Mollie Chapman	Olivia Snook	Freya Cole	Hannah Hawkins
50 Free	James Usher	Henry Knight	Davin Smith/ Bertie Malsher	Travis Boddington	Marcus Eaton
	Liberty Hall	Mollie Chapman	Grace Devlin-Hogg	Freya Cole	Molly Britchford
100 Back		Henry Knight	Phillipe Oram	Brett Davies	Marcus Eaton
		Mollie Chapman	Ashleigh Bales	Ciara Usher	Hannah Hawkins
100 Fly		Ryan Protty-Gibbs	Bertie Malsher	Brett Davies	Marcus Eaton
		Mollie Chapman	Grace Devlin-Hogg	Amber Bales	Molly Britchford
100 Breast		Jake Bushell	Davin Smith	Callum Protty-Gibbs	Marcus Eaton
		Mollie Chapman	Grace Devlin-Hogg	Freya Cole	Molly Britchford
100 Free		Henry Knight	Bertie Malsher	Brett Davies	Marcus Eaton
		Mollie Chapman	Olivia Snook	Freya Cole	Molly Britchford
100 IM	James Usher	Henry Knight	Bertie Malsher	Callum Protty-Gibbs	Marcus Eaton
	Liberty Hall	Mollie Chapman	Olivia Snook	Ciara Usher	Molly Britchford
200 Back		Henry Knight	Phillipe Oram	Brett Davies	
		Mollie Chapman	Kayleigh Johnson	Ciara Usher	
200 Fly **			Bertie Malsher		Brett Davies
			Gracie Ridout		Amber Bales
200 Breast			Davin Smith	Jack Chapman	Jamie Hooks
	Florence Carlye	Mollie Chapman	Rachel Frazer	Freya Cole	Maisie Lucas
200 Free	James Usher	Henry Knight	Aiden Kabi	Brett Davies	Kevin Boddington
	Liberty Hall	Mollie Chapman	Olivia Snook	Freya Cole	
200 IM	James Usher	Henry Knight	Bertie Malsher	Travis Boddington	Marcus Eaton
		Mollie Chapman	Kayleigh Johnson	Amber Bales	Molly Britchford
400 Free **			Bertie Malsher		Brett Davies
			Mollie Chapman		Ciara Usher
400 IM **			Phillipe Oram		Callum Protty-Gibbs
			Kayleigh Johnson		Freya Cole

** Junior & Senior Age groups only



NASA 2018 LC County Championship Qualifying times

BOYS						
Event	10/11 Years	12 Years	13 Years	14 Years	15 Years	16+ Years
50 Free	0:46.4	0:38.6	0:36.9	0:35.1	0:33.1	0:32.4
100 Free	1:37.4	1:22.7	1:18.4	1:15.1	1:11.5	1:09.9
200 Free	3:30.1	2:59.9	2:50.5	2:43.4	2:37.1	2:33.5
400 Free	7:10.4	6:17.1	5:59.0	5:45.6	5:32.0	5:24.9
800 Free						
1500 Free		24:13.5	23:06.3	22:19.4	22:13.0	21:42.9
50 Breast	1:00.3	0:49.3	0:46.0	0:43.6	0:42.2	0:41.1
100 Breast	2:07.2	1:46.4	1:39.6	1:35.1	1:32.4	1:29.9
200 Breast	4:32.2	3:49.7	3:36.0	3:25.5	3:20.4	3:15.9
50 Fly	0:52.2	0:42.8	0:40.6	0:38.0	0:36.4	0:35.7
100 Fly	1:55.6	1:33.1	1:27.5	1:23.1	1:20.6	1:19.0
200 Fly	4:14.3	3:25.1	3:13.2	3:04.1	2:57.0	2:54.1
50 Back	0:53.9	0:44.6	0:42.1	0:40.0	0:38.1	0:36.9
100 Back	1:51.4	1:33.8	1:28.3	1:24.0	1:21.6	1:19.6
200 Back	3:56.3	3:20.1	3:09.0	3:00.4	2:55.7	2:51.9
200 IM	3:58.1	3:24.5	3:14.1	3:04.5	3:00.1	2:56.4
400 IM		7:11.1	6:50.0	6:30.8	6:20.8	6:12.9
GIRLS						
Event	10/11 Years	12 Years	13 Years	14 Years	15 Years	16+ Years
50 Free	0:47.1	0:39.7	0:38.5	0:36.7	0:36.1	0:35.7
100 Free	1:38.0	1:24.4	1:21.9	1:19.3	1:17.5	1:16.5
200 Free	3:31.1	3:01.5	2:55.6	2:53.6	2:47.9	2:46.3
400 Free	7:15.4	6:17.6	6:06.4	6:02.8	5:50.3	5:48.4
800 Free		12:43.0	12:22.5	12:15.2	12:09.4	12:03.7
1500 Free						
50 Breast	1:01.1	0:50.2	0:48.4	0:46.6	0:45.7	0:45.4
100 Breast	2:05.2	1:47.5	1:43.0	1:40.5	1:39.4	1:38.8
200 Breast	4:28.5	3:50.7	3:40.9	3:37.1	3:34.4	3:32.9
50 Fly	0:52.3	0:43.7	0:41.8	0:40.3	0:39.5	0:39.2
100 Fly	1:50.9	1:34.0	1:30.8	1:28.8	1:27.8	1:26.9
200 Fly	4:12.0	3:26.0	3:18.0	3:14.0	3:10.4	3:08.7
50 Back	0:53.7	0:45.3	0:43.3	0:41.7	0:41.3	0:40.8
100 Back	1:50.0	1:34.2	1:30.9	1:29.6	1:27.9	1:27.3
200 Back	3:52.2	3:20.4	3:14.3	3:11.6	3:11.3	3:05.9
200 IM	3:58.4	3:25.1	3:19.0	3:15.9	3:13.0	3:11.3
400 IM		7:11.5	6:56.6	6:51.1	6:45.1	6:40.8
Age as at 31/12/18 & Times 25m						

