

# **2018 CLUB CHAMPIONSHIPS**

#### **Level 4 Meet**

(Under ASA Laws & The Technical Rules of Swimming)

The Queen's Diamond Jubilee Centre.

Bruce Williams Way Rugby CV22 5LJ

# Sessions 1&2 Saturday 17<sup>th</sup> November 2018 License No. 4EM182311

Admission - Adults and children over 12 years £3, Children 12 years and under free.

We strongly advise that programmes are downloaded in advance, although a limited number will be available on each day for £2 each. There will also be a laminated programme on display at the event in order to view.

Entrance to centre available from 12 pm, Swimmers will not be allowed on poolside until 12:30pm.











### Welcome

On behalf of Rushden Swimming Club, I offer all of you a very warm welcome to our 2018 Club Championships held for the 3rd year at the Queen Elizabeth Jubilee Centre in Rugby.

Due to circumstances beyond our control, we will not be collaborating with Daventry Swimming Club as we did last year. We do however welcome Junior Swimmers from Rugby Swimming Club, who will be taking part in some of the events as Time Trials.

We have again licensed the Club Championships, which means that swimmers can use the times as "official" times which can be used as qualifications towards the County Championships which will soon be upon us in January.

For those of you here last year our format has changed slightly with the hotly contested Skins final taking place at the end of session 2 along with our highly anticipated Golden Relay which provide a fun and frantic end to the day. The Golden Relay has developed into a fantastic fun event, with swimmers in either 13 & Under or 14 & over age groups randomly picked from a hat to participate in a 2 person relay where they will have to swim 2 of the 4 legs.

I look forward to watching all the swimmers give their best and achieve new PB's, Club Records and County qualification times. To all the coaches and parents please give the swimmers every encouragement and above all enjoy yourselves.

A successful year of swimming brought the 2017-2018 season to a close. A bright start to the 2018-2019 started with success in this very pool with Rushden Swimming Club enjoying many great swims and podium finishes in The Northamptonshire Amateur Swimming Association's Short Course County Sprints Championships. In October, we had 3 swimmers selected to compete for the County in the National County Championships (Inter-Counties) at The International Pool at Pond's Forge in Sheffield, up from the previous year when 1 swimmer was selected. This couldn't have been achieved without the coaching team we have at Rushden Swimming Club.

Finally, I would like to thank the staff at The Queens Diamond Jubilee Centre, our many poolside officials, volunteers and sponsors who have all stepped up so generously to support our championships today.

Simon Emery

Club Chair

Rushden Swimming Club.













# **Our Sponsors**

We would like to take this opportunity to thank the local businesses that have offered their support in sponsoring our Club Championships this year. As a Not for Profit, volunteer run organisation, the generosity in your support of these Championships is a fantastic contribution to our goal of continually improving the club while providing value for money and the best possible training environment for the swimmers.

We are very lucky to have such excellent community partnership and we would encourage you all to support their businesses as they are supporting our club.

Thank you all again for your thoughtfulness, generosity and continued support of Rushden Swimming club.





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# **Our Sponsors**



07908382921 EMAIL: matthew.watson1@hotmail.co.uk



















## **Championship Rules & Conditions**

#### **Meet Information**

EVENT: This Meet has been licensed at L4 by the ASA for Entry into County Competitions.

VENUE: The Meet will take place at The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ.

**DATE:** Saturday 17th November & Saturday 1st December 2018. There are two sessions each day:

Session 1 & 3 - 1 pm warm up (45 mins) 2pm start

Session - 2 & 4 - time to be determined

Session duration - All Sessions approximately 2- 3hours respectively

Results sheets will be available on-line after the event at www.rushdenswimmingclub.co.uk

**POOL:** All distances for this Open Meet will be 50m, 100m, & 200m. 25 metre 8 lane Pool with anti-turbulence lane ropes. Quantum Electronic timing and OMEGA timing pads, 10-line scoreboard in conjunction with a computerised result service. The depth of the water at the shallow end is 1m and at the deep end is 2.5m. The Teaching pool; which can be accessed via the main Pool Hall, will be used for warm up and warm down purposes only. The length of the Teaching pool is 17m x 8m, with a maximum depth of 1.8m throughout.

**AGE GROUPS**: The competition is open to eligible competitors as defined by ASA Laws in the following age groups: –8yrs & under, 9yrs & under, 11yrs & under, 13yrs & under, 15yrs & under and Open. (Age as at Midnight 31<sup>st</sup> December 2017).

#### **Promoter's Conditions**

#### **ENTRIES:**

- 1. All competitors must be eligible as defined under ASA Laws and may enter events only in their age group. ASA event entry conditions for age group swimming will be applied. All competitors must be registered with the ASA.
- 2. Competitors diving into the pool must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.
- 3. As many heats as possible will be run in the time available for the meet. The promoters reserve the right to amend the number of heats in each event to comply with session timing and bather loading requirements.
- 4. Individual entry forms must be submitted to your Team Manager, complete with ASA numbers, 25m swim times (50m conversions times will be accepted). If no time is available then please put a tick in the box. Entries that are incomplete, illegible or sent without the correct entry fee may be rejected.
- 5. Entry fee: £4.00 for each event entered.
- 6. Remittances (bank transfer). Method of payment will be by Bank transfer only upon receipt of an Invoice.
- 7. Entries for this Meet will be held on computer and as required by the Data Protection Act 1998 permission to hold such personal data will be deemed to have been given by the submission of an entry. Personal data will be available for inspection during the Championships on application to the Promoter.
- 8. The Meet will be timed on the submitted entry times, if swimmers have no time to enter then please just tick the box for event selection. If a time is provided **PLEASE ENSURE IT IS ACCURATE.**
- 9. Subsequent amendments to entry times will not be permitted and NO 'on the day' requests will be accepted.
- 10. Official closing date: Midnight on MONDAY 2<sup>nd</sup> OCTOBER 2018.
- 11. **WITHDRAWALS:** Any swimmer who does not report for an event they have entered without informing the Meet Secretary prior to warm-up will be excluded from swimming in any other event that day.













12. There will be no refunds for withdrawals after the accepted/rejected entries lists have been published. Refunds for injuries must be supported by a Doctor's note and will payable at the clubs discretion; they must be received before the closing date of the meet.

# Championship Rules & Conditions Continued

- 13. Over the top & side by side starts may be used.
- 14. The promoter reserves the right to alter these conditions if necessary, any alterations will be sent for approval by the Regional Licensing Officer prior to the meet, and the amended conditions will be made available on the website. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws or FINA Technical Rules













#### **Competition Information**

**NOTE:** No entries will be accepted without the appropriate fee.

#### **Meet Information**

**SEEDING:** All events will be seeded in time classification, the slowest competitors being in the first heat.

**SKINS:** Entries for skins will be determined as follows: Age groups 13 years & U and 14 years & Over with the top 6 girls and top 6 boys overall in 100 IM, with reserves so that the event is started with a full 8 lanes. Skins will be swum over 50m, with stroke being picked out of a hat prior to the start of each race. Races will alternate between 13yrs & under (1st) then 14yrs & over; to give the swimmers a chance to rest between each race with a 3 minute turnaround in operation. Individual awards for the first three places in each of the 2 age groups will be presented at the end of each day.

#### **Golden Relay Rules**

- Teams will be drawn out of the hat on the day of the competition
- Teams must consist of 1 boy and 1 girl
- Each swimmer must swim 2 legs of the relay
- Legs will be swum in Individual Medley relay order
- Each leg will be 50 metres

**POOLSIDE:** Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet. Coaches' passes can only be obtained by an affiliated Club at £10.00 per day and include Heat sheets, poolside refreshments, Buffet tea and hot and cold drinks. These cannot be purchased on the day of the Meet, coaches in possession of a coach pass are allowed on poolside during warm ups and any Coach without a pass will be asked to leave the poolside.

Wet swimmers are not allowed in the spectator area.

**DBS** Check It is the responsibility of the Club applying for coach pass to ensure their team manager and coach is DBS checked and named on the Club's application form. Poolside passes will only be issued to those named by their club.

**WARM-UP:** The pool will be available for a warm-up during the 1 hour prior to the start of each session.

**PHOTOGRAPHY:** All participants and spectators must observe the safety precautions in operation at The Queen's Diamond Jubilee Centre Pool and must be aware that the use of cameras and camcorders of any kind is not allowed within the building including mobile phones with inbuilt cameras.

Neither Rushden Swimming Club nor Better Rugby can be held responsible for loss or damage to spectators' or competitors' property.

**SWIM SHOP:** A swim shop provided by Rapid Swim Shop will be present on the 17<sup>th</sup> November in the foyer.

**REFRESHMENTS:** Cafeteria plus hot and cold drinks and snacks machines available.

**AWARDS:** Individual awards will go to the first three placing's amongst Rushden Swimming Club swimmers only, in each of the HDW events in the following age bands: 8yrs & under, 9yrs & under, 11yrs & under, 13yrs & under, 15yrs & under and Open. (age as at Midnight 31st December 2018). Top three placings will be announced throughout the event, medals will be presented at our Presentation Evening. All swimmers will be provided with a certificate confirming swim times following the final Championships in December.

PROMOTER: Jazz Thethy (teammanager@rushdenswimmingclub.co.uk)













# Pool-side (Technical Officials) & Volunteers

Rushden Swimming Club would like to thank all Volunteers, Officials and Helpers for their time and assistance with running the 2018 Club Championship Meet. For the first time we have been able to hold a licensed meet purely using our own Club Officials, without their support and dedication our swimmers would not have these championships and other open meets to swim at.

If you take your son or daughter to swimming meets and feel you can assist with being a Time Keeper, Official or just a helper please contact any of the Officials Poolside who will point you in the right direction . Full training is provided and the perks include, Free Entry, Lunch, Tea & Coffee and a programme!

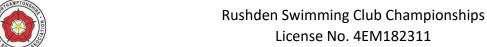
Andy Aitken	Rushden	Steve Ward	Rushden
<b>Heather Berks</b>	Rushden	Mujgan Yilmaz	Rushden
Hannah Bishop	Rushden	Fiona Hopkins	Rushden
Adrian Jones	Rushden	<b>Trevor Eaton</b>	Rushden
David Knight	Rushden	<b>Manjit Thethy</b>	Rushden
Jon Bushell	Rushden	Jazz Thethy	Rushden
Andy Bush	Rushden	Lynne Haycock	Rushden
Kate Bush	Rushden	<b>Elaine Cole</b>	Rushden
Emm Chapman	Rushden	David Cole	Rushden
Meltem Cakir	Rushden	Theresa Eaton	Rushden
Liz Carlile	Rushden	<b>Kerry Swallow</b>	Rushden
Liz Bushell	Rushden	<b>Daniel Swallow</b>	Rushden
<b>Andy Davies</b>	Rushden	Min Kerley	Rushden
Karen Frazer	Rushden	Natalie Mellor	Rushden
Simon Frazer	Rushden	Ian Kerley	Rushden
Luke Chapman	Rushden	Adrienne Scotney	Rushden
Ricky Haycock	Rushden	Phillipe Oram	Rushden
Sandra Kabi	Rushden	<b>Charlotte Pow</b>	Rushden
Rose Usher	Rushden	<b>Georgina Pow</b>	Rushden
Sean Molyneux	Rushden	Chris Mayell	Rushden
Toni Norman	Rushden	Ken Beasant	Rushden
Steve Oram	Rushden	<b>Wendy Beasant</b>	Rushden
Tim Pow	Rushden	<b>Holly Eastlaugh</b>	Rushden
lan Pratt	Rushden	Julie Brookes	Rugby
Karen Smith	Rushden	Natalie Mahoney	Rugby
Matt Usher	Rushden		















# Championship Schedule

## Saturday 17<sup>th</sup> November 2018

	Session 1										
	W	ırm Up: 1pm – 1:	45pm								
	(45 minute warm up)										
Event Event											
No.		LVEIIL									
1	G	400m	Freestyle								
2	В	400m	IM								
	10 Minute Interval										
3	G	50m	Backstroke								
4	В	50m	Butterfly								
5	G	200m	IM								
6	В	200m	Breaststroke								
7	G	100m	Butterfly								
8	В	100m	Freestyle								











	Session 2											
	Warm	Up: Approx. 5pi (45 minute war	-									
Event No.		Event										
9	В	200m	Butterfly									
10	G	200m	Freestyle									
	10 Minute Interval											
11	В	100m	IM									
12	G	100m	Breaststroke									
13	В	200m	Backstroke									
14	G	100m	Backstroke									
15	В	50m	Breaststroke									
16	G	50m	Freestyle									
17	Boys Skins	50m	Top 8 RSC Swimmers									
18	Mxd	100m	Golden Relay									













## Session - 1

ΕV	ENT 101 Womens I	MC 40	00m Freestyle							
1.	Lara Yilmaz	13	Rushden		9.	Keira Swallow	12	Rushden	5:51.84	
2.	Caitlin Hopkins	13	Rushden		10.	Megan Rowthorn	12	Rushden	5:45.71	
3.	Jessica Steward	12	Rushden	7:25.62		Amy-Kay Beasant	13	Rushden	5:37.89	
4.	Priya Kerley	11	Rushden	7:08.63			16	Rushden	5:28.14	
5.	Chloe Pow	10	Rushden	6:33.52			12	Rushden	5:27.26	
6.	Amber Haycock	11	Rushden	6:30.19			13	Rushden	5:13.14	
7.	Evelyn Mellor	13	Rushden	6:06.89		•	17	Rushden	4:39.18	
8.	Evette Kabi	12	Rushden	5:53.79	16.	Ciara Usher	16	Rushden	4:34.58	•••••
ΕV	ENT 102 Mens MC	400m	ı IM							
1.	James Usher	11	Rushden	7:28.23	3.	Henry Knight	13	Rushden	5:42.32	
2.	Adam Frazer	12	Rushden	6:03.54	4.	Callum Protty Gibbs	16	Rushden	5:01.38	
ΕV	ENT 103 Womens I	MC 50	Om Backstroke							
1.	Grace Robinson-Berks	9	Rushden		22.	Lauren Smith	9	Rugby	46.76	
2.	Jodie Lee	10	Rushden		23.	Amber Haycock	11	Rushden	45.61	
3.	Rowan White	10	Rushden			Chloe Pow	10	Rushden	45.36	
4.	Isla Murray	9	Rushden			Elli Smith	13	Rushden	45.10	
5.	Charlotte Gower	9	Rugby			Lara Yilmaz	13	Rushden	43.94	
6.	Cansu Cakir	9	Rushden			Keira Swallow	12	Rushden	41.59	
7.	Roxy GLENN	10	Rugby			Grace Cardall	12	Rushden	40.79	
, . 8.	Coral Cox	10	Rushden			Amy-Kay Beasant	13	Rushden	40.45	
9.	Isabella Bishop	8	Rushden			Caitlin Hopkins	13	Rushden	40.36	
э. 10.	Estelle Cook	9	Rushden			Matilda Scotney	11	Rushden	40.24	
	Elizabeth Pow	9	Rushden			Rachel Frazer	15	Rushden	39.54	
11.		_								
12.	Isabel Brand	9	Rugby			Megan Rowthorn	12	Rushden	39.46	
13.	Sienna Moran	9	Rugby			Evette Kabi	12	Rushden	39.37	
	Isabel Brookes	9	Rugby			Tamzin Rowthorn	12	Rushden	38.04	
15.	Tillie Rose Hebb	8	Rugby			Mollie Chapman	13	Rushden	37.17	
	Priya Kerley	11	Rushden		_	Olivia Beasant	16	Rushden	36.63	
	Florence Carlyle	11	Rushden			Evelyn Mellor	13	Rushden	35.65	
_	Amelia Mahoney	10	Rugby	49.23	39.	Harriet Troup	13	Rugby	34.68	
19.	Jessica Steward	12	Rushden	48.34	40.	Arabella Scotney	13	Rushden	34.22	
20.	Lauren King	12	Rushden	47.47	41.	Kayleigh Johnson	15	Rushden	33.06	
21.	Bryony Cook	11	Rushden	46.81	42.	Ciara Usher	16	Rushden	30.52	
ΕV	ENT 104 Mens MC	50m	Butterfly							
1.	Ethan Cullen	12	Rushden		12.	Adam Frazer	12	Rushden	33.04	
2.	Euan Swanson	10	Rushden	52.25		Albert Malsher	15	Rushden	32.43	
3.	Aman Thethy	10	Rushden	50.64	14.	Henry Knight	13	Rushden	32.19	
4.	Charlie Pratt	9	Rugby	50.08	15.	· ·	55	Rushden	31.43	
5.	William Gower	11	Rugby	47.96	16.	Jordan Coles	15	Rushden	31.35	
6.	Reuben Swanson	12	Rushden	46.38	17.	Jack Chapman	16	Rushden	30.02	
7.	Jacob Williams	16	Rushden	45.90	18.	Sachin Thethy	14	Rushden	29.90	
8.	Gareon Gabatan	10	Rugby	45.33	19.	Nathan Jones	17	Rushden	29.08	
9.	Harry Chapman	11	Rushden	44.48	20.	Cameron JOHNSON	19	Rushden	27.92	
	Ryan Protty Gibbs	13	Rushden	40.08	21.	Travis Boddington	16	Rushden	27.91	
11. J	James Usher	11	Rushden	39.65	22.	Marcus Eaton	24	Rushden	26.77	•••••













EV	ENT 105 Womens M	C 20	0m IM								
1.	Amelia Mahoney	10	Rugby			10.	Evette Kabi	12	Rushden	3:05.66	
2.	Jessica Steward	12	Rushden	3:58.56		11.	Keira Swallow	12	Rushden	3:05.43	
3.	Priya Kerley	11	Rushden	3:44.49		12.	Megan Rowthorn	12	Rushden	2:57.97	
4.	Lauren King	12	Rushden	3:29.40		13.	Evelyn Mellor	13	Rushden	2:57.81	
5.	Lara Yilmaz	13	Rushden	3:26.37		14.	Tamzin Rowthorn	12	Rushden	2:53.54	
6.	Elli Smith	13	Rushden	3:22.45		15.	Mollie Chapman	13	Rushden	2:48.85	
7.	Rachel Frazer	15	Rushden	3:14.25		16.	Harriet Troup	13	Rugby	2:47.83	
8.	Grace Cardall	12	Rushden	3:13.15		17.	Arabella Scotney	13	Rushden	2:43.65	
9.	Matilda Scotney	11	Rushden	3:08.20		18.	Ciara Usher	16	Rushden	2:27.62	
ΕV	ENT 106 Mens MC 2	00m	Breaststroke								
1.	James King	12	Rushden	5:18.99	)	4.	Jake Bushell	13	Rushden	3:29.67	
2.	Luke Williams	12	Rushden	4:33.36	j	5.	Henry Knight	13	Rushden	2:50.13	
3.	Jacob Williams	16	Rushden	3:50.98							
EV	ENT 107 Womens M	C 10	0m Butterfly								
1.	Chloe Pow	10	Rushden				Caitlin Hopkins	13	Rushden	1:22.92	
2.	Amber Haycock	11	Rushden	1:55.03	3	8.	Tamzin Rowthorn	12	Rushden	1:22.16	
3.	Lara Yilmaz	13	Rushden	1:52.14	ł	9.	Kayleigh Johnson	15	Rushden	1:15.38	
4.	Lauren King	12	Rushden	1:47.39	)	10.	Mollie Chapman	13	Rushden	1:14.54	
5.	Megan Rowthorn	12	Rushden	1:34.79	)	11.	Ciara Usher	16	Rushden	1:09.99	
6.	Evelyn Mellor	13	Rushden	1:29.54	l						
EV	ENT 108 Mens MC 1	00m	Freestyle								
1.	Zak Hesketh	8	Rushden			8.	Ethan Cullen	12	Rushden	1:23.40	
2.	Ewan Troup	8	Rugby				Harry Chapman	11	Rushden	1:19.86	
3.	Finley Cox	10	Rushden			10.	James Usher	11	Rushden	1:18.97	
4.	James King	12	Rushden	2:02.50	)	11.	Jacob Williams	16	Rushden	1:18.37	
5.	Aman Thethy	10	Rushden	1:54.58			•	13	Rushden	1:16.34	
6.	Luke Williams	12	Rushden	1:36.46		13.	William Gower	11	Rugby	1:15.05	
7.	Gareon Gabatan	10	Rugby	1:23.69	)	14.	Henry Knight	13	Rushden	1:05.16	
15.	Adam Frazer	12	Rushden	1:04.50		21. ]	Nathan Jones	17	Rushden	58.43	
16.	Jordan Coles	15	Rushden	1:02.31		22. J	ack Chapman	16	Rushden	57.45	
17.	Kevin Boddington	55	Rushden	1:01.65		23. T	Travis Boddington	16	Rushden	57.24	
18.	Sachin Thethy	14	Rushden		2	4. Ca	llum Protty Gibbs	16	Rushden	55.87	
10	A11 / 3 / 1 1	1.5	D 11	1 00 05	2	- 11	г.	2.4	D 1.1	F2.00	

1:00.05 ...... 25. Marcus Eaton

58.74

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24 Rushden

53.99



19. Albert Malsher

20. Cameron JOHNSON

15

Rushden

Rushden





## Session - 2

EVENT 209 Mens	s MC 200m	Butterfly							
1. Henry Knight	13	Rushden	3:02.66	2.	Callum Protty Gibbs	16	Rushden	2:25.08	
EVENT 210 Wom	nens MC 20	00m Freestyle							
Bryony Cook	11	Rushden		11.	Keira Swallow	12	Rushden	2:48.01	
2. Annabel Coleman	10	Rushden	4:06.41	12.	Evelyn Mellor	13	Rushden	2:44.39	
Jessica Steward	12	Rushden	3:44.08	13.	Megan Rowthorn	12	Rushden	2:41.85	
I. Priya Kerley	11	Rushden	3:20.01	14.	•	13	Rushden	2:34.27	
5. Lauren King	12	Rushden	3:14.60	15.	Tamzin Rowthorn	12	Rushden	2:32.34	
<ol><li>Chloe Pow</li></ol>	10	Rushden	3:05.03	16.	Harriet Troup	13	Rugby	2:29.67	
<ol><li>Amber Haycock</li></ol>	11	Rushden	3:01.05	17.	1	13	Rushden	2:25.66	
3. Lara Yilmaz	13	Rushden	2:58.93	18.	Caitlin Hopkins	13	Rushden	2:25.51	
Grace Cardall	12	Rushden	2:56.67	19.	Freya Cole	17	Rushden	2:11.96	
0. Pippa Smyth 11	Rugby		2:51.14	20.	Ciara Usher	16	Rushden	2:08.99	
EVENT 211 Mens	s MC 100m	ı IM							
. Albert Carlyle	8	Rushden		14.	Ethan Cullen	12	Rushden	1:24.31	
2. James King	12	Rushden		15.	Adam Frazer	12	Rushden	1:15.09	
3. Finley Cox	10	Rushden		16.	Travis Boddington	16	Rushden	1:14.49	
<ol> <li>Luke Williams</li> </ol>	12	Rushden	1:48.31	17.	Albert Malsher	15	Rushden	1:12.57	
<ol><li>Reuben Swanson</li></ol>	12	Rushden	1:42.70	18.	Sachin Thethy	14	Rushden	1:10.59	
<ol><li>Aman Thethy</li></ol>	10	Rushden	1:41.57	19.	Jordan Coles	15	Rushden	1:10.54	
<ol> <li>Gareon Gabatan</li> </ol>	10	Rugby	1:39.14	20.	Kevin Boddington	55	Rushden	1:10.40	
<ol><li>Harry Chapman</li></ol>	11	Rushden	1:35.01	21.	Henry Knight	13	Rushden	1:09.89	
<ol><li>Jacob Williams</li></ol>	16	Rushden	1:34.69	22.	Nathan Jones	17	Rushden	1:09.28	
<ol><li>William Gower</li></ol>	11	Rugby	1:34.47	23.	Jack Chapman	16	Rushden	1:07.49	
1. James Usher	11	Rushden	1:30.41	24.	Cameron Johnson	19	Rushden	1:05.64	
12. Ryan Protty Gibbs	13	Rushden	1:30.13	25.	Callum Protty Gibbs	16	Rushden	1:03.38	
13. Jake Bushell	13	Rushden	1:24.41	26.	Marcus Eaton	24	Rushden	1:00.95	
EVENT 212 Won	nens MC 10	00m Breaststro	oke						
I. Bryony Cook	11	Rushden		16	Elli Smith	13	Rushden	1:52.86	
2. Rowan White	10	Rushden			Lauren King	12	Rushden	1:47.64	
3. Isabelle Barratt	8	Rushden			Lois Withers	14	Rushden	1:46.14	
I. Elizabeth Pow	9	Rushden		19.	Grace Cardall	12	Rushden	1:42.37	
5. Isabella Bennett	9	Rushden		20.	Tamzin Rowthorn	12	Rushden	1:40.91	
5. Pippa Smyth	11	Rugby		21.		12	Rushden	1:37.61	
7. Isla Murray	9	Rushden		22.	Mollie Chapman	13	Rushden	1:34.10	
3. Isabel Brookes	9	Rugby			Rachel Frazer	15	Rushden	1:33.05	
9. Amelia Earles	9	Rugby			Matilda Scotney	11	Rushden	1:32.95	
10. Florence Carlyle	11	Rushden	2:03.23			13	Rushden	1:31.78	
11. Priya Kerley	11	Rushden	2:01.43			12	Rushden	1:30.00	
2. Jessica Steward	12	Rushden			Arabella Scotney	13	Rushden	1:27.91	
13. Sienna Moran	9	Rugby	1:59.03			16	Rushden	1:22.87	
14. Annabel Coleman	10	Rushden	1:56.08			17	Rushden	1:15.69	
15. Harpreet Lall	12	Rugby	1:53.03	27.	Tieju Cole	1,	rushden	1.13.07	
	140 200	D 1 . 1							
EVENT 213 Mens			2,20.01	~	William Covers	11	Durahu	2.50.05	
1. Gareon Gabatan	10	Rugby	3:39.01		William Gower	11	Rugby	2:59.05	
2. James Usher	11	Rushden	3:31.75		Cameron Johnson	19	Rushden	2:30.47	
3. Ryan Protty Gibbs	13	Rushden	3:05.47	/.	Henry Knight	13	Rushden	2:29.63	
<ol> <li>Jacob Williams</li> </ol>	16	Rushden	2:59.85						

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## EVENT 214 Womens MC 100m Backstroke

<ol> <li>Rowan White</li> </ol>	10	Rushden		16.	Amber Haycock	11	Rushden	1:34.34	
<ol><li>Amelia Mahoney</li></ol>	10	Rugby		17.	Elli Smith	13	Rushden	1:34.19	
<ol><li>Elizabeth Pow</li></ol>	9	Rushden		18.	Caitlin Hopkins	13	Rushden	1:28.95	
<ol> <li>Jessica Steward</li> </ol>	12	Rushden		19.	Rachel Frazer	15	Rushden	1:28.45	
5. Bryony Cook	11	Rushden		20.	Evette Kabi	12	Rushden	1:27.31	
<ol><li>Holly Seers</li></ol>	10	Rushden		21.	Matilda Scotney	11	Rushden	1:26.00	
7. Pippa Smyth	11	Rugby		22.	Megan Rowthorn	12	Rushden	1:25.93	
<ol><li>Charlotte Gower</li></ol>	9	Rugby		23.	Amy-Kay Beasant	13	Rushden	1:24.55	
9. Isla Murray	9	Rushden		24.	Tamzin Rowthorn	12	Rushden	1:20.03	
10. Estelle Cook	9	Rushden		25.	Evelyn Mellor	13	Rushden	1:16.07	
<ol><li>Annabel Coleman</li></ol>	10	Rushden	1:57.51	26.	Arabella Scotney	13	Rushden	1:14.91	
12. Florence Carlyle	11	Rushden	1:49.55	27.	Harriet Troup	13	Rugby	1:14.10	
13. Lauren King	12	Rushden	1:42.77	28.	Kayleigh Johnson	15	Rushden	1:11.06	
14. Lara Yilmaz	13	Rushden	1:39.54	29.	Ciara Usher	16	Rushden	1:04.15	
15. Chloe Pow	10	Rushden	1:37.01						

#### EVENT 215 Mens MC 50m Breaststroke

EVENT 215 Mens N	AC 50m Breaststroke					
<ol> <li>Ethan Cullen</li> </ol>	12 Rushden	12. Reuben Swanson	12	Rushden	50.52	
<ol><li>Finley Cox</li></ol>	10 Rushden	13. William Gower	11	Rugby	49.11	
<ol><li>Zak Hesketh</li></ol>	8 Rushden	14. Jacob Williams	16	Rushden	45.70	
<ol> <li>Albert Carlyle</li> </ol>	8 Rushden	15. James Usher	11	Rushden	45.16	
<ol><li>Euan Swanson</li></ol>	10 Rushden	16. Jake Bushell	13	Rushden	40.43	
6. Ewan Troup	8 Rugby	1:10.18 17. Adam Frazer	12	Rushden	39.03	
<ol><li>James King</li></ol>	12 Rushden	1:05.09 18. Henry Knight	13	Rushden	36.49	
8. Luke Williams	12 Rushden	58.44 19. Albert Malsher	15	Rushden	36.29	
<ol><li>Gareon Gabatan</li></ol>	10 Rugby	55.73 20. Jordan Coles	15	Rushden	35.51	
10. Aman Thethy	10 Rushden	54.13 21. Nathan Jones	17	Rushden	35.10	
11. Harry Chapman	11 Rushden	51.94 22. Sachin Thethy	14	Rushden	34.80	
23. Jack Chapman	16 Rushden	34.70 25. Callum Protty Gibbs	16	Rushden	32.57	
24. Cameron Johnson	19 Rushden	33.69 26. Marcus Eaton	24	Rushden	31.46	











#### Event 216 Womens MC 50m Freestyle

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1.	Holly Seers	10	Rushden		27. Priya Kerley	11	Rushden	40.54	
2.	Coral Cox	10	Rushden		28. Bryony Cook	11	Rushden	39.74	
3.	Isla Murray	9	Rushden		29. Chloe Pow	10	Rushden	38.68	
4.	Cansu Cakir	9	Rushden	1:15.58	30. Amber Haycock	11	Rushden	38.46	
5.	Isabelle Barratt	8	Rushden	1:10.70	31. Rowan White	10	Rushden	38.41	
6.	Grace Robinson-Berks	9	Rushden	1:01.39	32. Pippa Smyth	11	Rugby	37.52	
7.	Isabella Bishop	8	Rushden	55.87	33. Lois Withers	14	Rushden	36.82	
8.	Jodie Lee	10	Rushden	55.66	34. Lara Yilmaz	13	Rushden	36.40	
9.	Madeleine Smyth	9	Rugby	50.54	35. Matilda Scotney	11	Rushden	35.90	
10	. Isla Jess Lacey	10	Rugby	50.18	36. Elli Smith	13	Rushden	35.52	
11	. Estelle Cook	9	Rushden	48.18	37. Lauren King	12	Rushden	34.79	
12	. Isabel Brookes	9	Rugby	47.35	38. Grace Cardall	12	Rushden	34.76	
13	. Elizabeth Pow	9	Rushden	47.06	39. Amy-Kay Beasant	13	Rushden	34.48	
14	. Tillie Rose Hebb	8	Rugby	46.54	40. Keira Swallow	12	Rushden	33.67	
15	. Amelia Earles	9	Rugby	46.50	41. Megan Rowthorn	12	Rushden	33.30	
16	. Bailey Orford	10	Rugby	45.62	42. Tamzin Rowthorn	12	Rushden	31.92	
17	. Charlotte Gower	9	Rugby	45.39	43. Evelyn Mellor	13	Rushden	31.76	
18	. Sienna Moran	9	Rugby	44.97	44. Evette Kabi	12	Rushden	31.20	
19	. Lauren Smith	9	Rugby	44.12	45. Rachel Frazer	15	Rushden	31.17	
20	. Florence Carlyle	11	Rushden	43.21	46. Caitlin Hopkins	13	Rushden	30.72	
21	. Darcy Morris	10	Rugby	43.16	47. Olivia Beasant	16	Rushden	30.72	
22	. Isabel Brand	9	Rugby	42.75	48. Arabella Scotney	13	Rushden	29.94	
23	. Amelia Mahoney	10	Rugby	42.21	49. Mollie Chapman	13	Rushden	29.89	
24	. Harpreet Lall	12	Rugby	41.82	50. Kayleigh Johnson	15	Rushden	29.12	
25	. Jessica Steward	12	Rushden	41.11	51. Freya Cole	17	Rushden	27.76	
26	. Annabel Coleman	10	Rushden	41.05	52. Ciara Usher	16	Rushden	27.48	

Event 217 Mens MC 50m Skins(Rushden Swimmers Only) Top 6 swimmers in 100m IM

Event 218 Mixed 100m Golden Relay













# EVENT 9 FINAL OF EVENT 17 Boys 50m Skins (13u & 14o) Sponsored By



9a	13u	R1	R2	R3	R4	R5	R6

9b	140	R1	R2	R3	R4	R5	R6

















