

Sussex County Championships & Age Group Competition 2019

All sessions are Licensed at level 1

Boys & Girls (mixed) 1500 Free - Saturday 26th January - - - - Boys & Girls (mixed) 800 Free - Sunday 3rd February
all other individual events (9th/10th February) - (23rd/24th February)

- 1/ All times (including Girls & Boys **800 & 1500** free) must be Short course, have been achieved at a licensed meet held since 1st March 2018 & must be entered exactly as shown on the national rankings. ** please read the long distance qualifying conditions carefully**
- 2/ Entries will only be considered if the short course times are equal to, or better than the published time.
- 3/ Conversion from L/C times to S/C equivalents using the ASA approved tables will be accepted.
- 4/ All entries will be checked against the current ASA national rankings & any entry that cannot be verified as a licensed time will be deleted.
- 5/ Para-swimming entries (S1-S14) are exempt from the QT requirements for events 50m to 400m in distance, but all entry times must show on the National Rankings.
- 6/ Ages for all County Championship events are as at 31st December in the year of the event

Boys Qualifying Times								2019	Girls Qualifying Times							
10 yrs Born	11yrs Born	12 yrs Born	13 yrs Born	14 yrs Born	15 yrs Born	16 yrs Born	17+yrs Born	Events	10 yrs Born	11yrs Born	12 yrs Born	13 yrs Born	14 yrs Born	15 yrs Born	16 yrs Born	17+yrs Born
2009	2008	2007	2006	2005	2004	2003	2002 or earlier		2009	2008	2007	2006	2005	2004	2003	2002 or earlier
41.00	37.00	34.00	32.00	30.00	29.00	28.00	26.00	50m Free	40.00	36.00	34.00	33.00	32.00	31.00	30.00	29.00
47.00	43.00	40.00	38.00	35.00	34.00	33.00	30.00	50m Back	45.00	44.00	39.00	37.00	36.00	35.00	34.00	33.00
54.00	52.00	46.00	43.00	40.00	38.00	37.00	35.00	50m Breast	53.00	50.00	44.00	42.00	40.00	39.00	38.00	37.00
50.00	46.00	40.00	38.00	35.00	32.00	31.00	29.00	50m Fly	48.00	45.00	39.00	38.00	36.00	34.00	33.00	32.00
1.30.00	1.20.00	1.18.00	1.12.00	1.06.00	1.03.00	1.00.00	57.00	100m Free	1.32.00	1.24.00	1.17.00	1.10.00	1.08.00	1.05.00	1.04.00	1.03.00
1.45.00	1.37.00	1.28.00	1.23.00	1.15.00	1.12.00	1.11.00	1.06.00	100m Back	1.50.00	1.40.00	1.24.00	1.21.00	1.16.00	1.13.00	1.12.00	1.10.00
2.00.00	1.55.00	1.45.00	1.35.00	1.28.00	1.24.00	1.21.00	1.15.00	100m Breast	1.58.00	1.48.00	1.37.00	1.32.00	1.28.00	1.24.00	1.23.00	1.21.00
1.55.00	1.50.00	1.35.00	1.30.00	1.20.00	1.17.00	1.13.00	1.05.00	100m Fly	2.00.00	1.55.00	1.35.00	1.27.00	1.20.00	1.15.00	1.14.00	1.11.00
3.15.00	3.00.00	2.50.00	2.35.00	2.28.00	2.22.00	2.16.00	2.05.00	200m Free	3.25.00	3.05.00	2.45.00	2.35.00	2.30.00	2.22.00	2.21.00	2.17.00
3.38.00	3.30.00	3.10.00	2.55.00	2.45.00	2.35.00	2.32.00	2.22.00	200m Back	3.34.00	3.25.00	3.02.00	2.55.00	2.45.00	2.38.00	2.37.00	2.34.00
4.20.00	4.00.00	3.40.00	3.20.00	3.10.00	3.00.00	2.55.00	2.43.00	200m Breast	4.06.00	3.48.00	3.30.00	3.20.00	3.12.00	3.05.00	3.04.00	3.02.00
4.10.00	4.00.00	3.30.00	3.15.00	3.00.00	2.55.00	2.45.00	2.35.00	200m Fly	4.10.00	3.55.00	3.30.00	3.25.00	3.15.00	3.00.00	2.55.00	2.50.00
3.40.00	3.30.00	3.10.00	2.55.00	2.45.00	2.40.00	2.35.00	2.25.00	200m I.M.	3.40.00	3.25.00	3.05.00	2.55.00	2.50.00	2.43.00	2.40.00	2.35.00
No event		6.35.00	6.20.00	5.50.00	5.45.00	5.30.00	5.20.00	400m I.M.	No event		6.35.00	6.27.00	6.15.00	6.00.00	5.50.00	5.45.00
7.00.00	6.30.00	5.50.00	5.20.00	5.05.00	4.52.00	4.45.00	4.40.00	400m Free	7.00.00	6.30.00	5.50.00	5.30.00	5.20.00	5.15.00	5.05.00	4.55.00
No event		12.00.00	11.00.00	10.30.00	10.15.00	10.00.00	9.45.00	800 Free	No event		12.00.00	11.45.00	11.30.00	11.15.00	10.55.00	10.25.00
No event		21.45.00	21.00.00	20.00.00	19.00.00	18.45.00	18.30.00	1500 Free	No event		22.00.00	21.30.00	20.45.00	20.00.00	19.45.00	19.30.00

800m Freestyle & 1500m Freestyle events. All times must have been achieved since 1st March 2018

These events will be swum as mixed boy/girl on separate days and restricted to 16 x 800m heats & 8 x 1500m to run within the allowed time scale.

Boys 800m qualifying rules, For 2019.

If no 800m licensed time exists, then boys may enter the 800 free event by using either their current licensed time from the 1500 free or 400 free subject to that time meeting the qualifying standard shown above.

Girls 1500m qualifying rules for 2019.

If no 1500m Licensed time exists, then Girls may enter the 1500 free event by using their current licensed 800m free time subject to that time meeting the qualifying standard shown above.