(Affiliated to ASA East Midland Region & Derbyshire ASA) 100 and 200s CHAMPIONSHIP RULES 2018 (Under ASA Laws & ASA Technical Rules of Swimming) Eckington Leisure Centre, Eckington, Saturday 30 June 2018 This event is Licensed @ L4 (4EM181319) By the ASA (Under ASA Laws & ASA Technical Rules of Swimming)



Entries can be made directly on the club website or by entry form which should be given to Mark Jones, left in the Dolphins box on reception at the sports centre or submitted by email to <u>galaentries@dronfield-dolphins.co.uk</u>.

Entries close on Sunday 27 May 2018. Payment will be collected by direct debit.

Eligibility to Enter

- 1. Entrants must be fully paid up members of Dronfield Dolphins Swimming Club at 1 May 2018 for entry into the competition. Members joining after this date may unfortunately be unable to enter.
- 2. In order to take part in each event entrants must be fully paid up members of Dronfield Dolphins Swimming Club at the date of the competition,
- 3. All website entries or entry forms must be completed and submitted by the closing date Sunday 27 May 2018.
- 4. Late entries will not be accepted for the Championships.

100 and 200 metre events are open to members aged 10 and over at 31 December 2018 in squad D2 and above. All members are expected and encouraged to participate in all their age events. Swimmers can enter the following:
2 x 200 metre events
1 x 200 metre event plus 2 x 100 metre events
or 3 x 100 metre events.
50 metre events are open to members aged 9 and under in squad D2 and above

Entry fees are per individual swimmer.

5. The fees for the championships are set out on the appropriate entry forms and will be collected by Direct Debit.

Entry Times and Seeding of Heats

6. Entry times will be checked against ASA rankings or Swim Club Manager but coaches times will also be accepted. It is therefore important that competitors have entered (and checked) their most up to date times prior to this date.

Technical Rules and Competitor Sign In

- 7. All events are swum under ASA Laws and Technical Rules and swimmers will be disqualified for not complying with the relevant ASA Laws and Technical rules.
- 8. All events are Heat Declared Winners. Each event will be swum as a mixed age, based on entry time, slowest to fastest. Heats will be spearheaded.

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- 9. The pool is 25 metres long and 6 lanes wide. All entry times should be converted to a 25m pool. No poolside entries will be accepted. We reserve the right to have "Over the top" and or "side by side" starts.
- 10. The Championship Committee reserves the right to amalgamate events and/or refuse entry to the championships without discussion. Anything not covered by these rules is at the discretion of the Championship Committee.
- 11. Warm up 4:30pm start 5:00pm

Spectators

- Spectator fees will be charged.
- Spectators should respect health and safety rules. It is not acceptable to add your own seating to the balcony blocking emergency routes.
- It will not be possible to watch events from poolside except in exceptional circumstances.

Photography

- Anyone wishing to use a recording device for the purpose of photography must register this intention in the Club's Photography Log Book, this includes the use of mobile phones.
- Guidelines on the use of photography will be issued before signing the photography log book and we ask that these are strictly adhered to.
- Photography will be allowed from the balcony area only.

Awards

- Awards will be presented to the top 3 for the following age groups: 8 and under, 9, 10, 11, 12, 13, 14, 15, 16, 17 and 18 and over.
- Age is at 31 December in the year of the Championships.

Other

- Swimmers must not visit the balcony between events and must remain on poolside for the duration of the gala, the only exception being a comfort break. They must inform their team manager before leaving poolside and wear appropriate footwear.
- The recorders area is out of bounds to swimmers and parents. We are working to an extremely tight schedule and it is essential that recorders are not disturbed for any reason.
- The referee/s have overall control at each event/session and therefore any problems or queries should be directed to them via the team managers.
- Parents will not be allowed on poolside (as per Spectator rules) other than those in official roles [e.g. Swimming Officials (Referee, Judge, Time Keepers, Recorders), Team Managers, health and safety officers and runners]

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The events held at the championships will be held with age as at 31 December of the year the championships are held in. The events will be run to the following schedule:

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|-------|---------------------------------|
| 1 | Girls 200m Medley |
| 2 | Boys 200m Medley |
| 3 | Girls 100m Free |
| 4 | Boys 100m Free |
| 5 | Girls 50m Back |
| 6 | Boys 50m Back |
| 7 | Girls 200m Fly |
| 8 | Boys 200m Fly |
| 9 | Girls 100m Breast |
| 10 | Boys 100m Breast |
| 11 | Girls 50m Fly |
| 12 | Boys 50m Fly |
| 13 | Girls 200m Free |
| 14 | Boys 200m Free |
| 15 | Girls 100m Back |
| 16 | Boys 100m Back |
| 17 | Girls 50m Free |
| 18 | Boys 50m Free |
| 19 | Girls 200m Breast |
| 20 | Boys 200m Breast |
| 21 | Girls 100m Fly |
| 22 | Boys 100m Fly |
| 23 | Girls 50m Breast |
| 24 | Boys 50m Breast |
| 25 | Girls 200m Back |
| 26 | Boys 200m Back |
| Mixed | 1 400m Free (invitation only) |

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ENTRY FORM - How to enter

- 1. You will have been invited by email. If you follow the link on the email you can select the events you wish to enter. If you prefer you can use this form
- 2. Place a tick in the box and an entry time for the event you are entering
- 3. The age grouping is based upon the **swimmers age as at 31 December 2018** i.e. a Child born in 2008 swims as a 10 year old. To enter swimmers must be in squad D2 and higher.
- Please return this completed entry Form to Mark Jones, left in the Dolphins box on reception at the sports centre or submitted by email to galaentries@dronfield-dolphins.co.uk. Entries must be received by <u>Sunday 27</u> <u>May 2018</u> at the latest.

| Age as at 31 Dec 18 | Year Of Birth | Freestyle | Freestyle | Backstroke | Backstroke | Breaststroke |
|------------------------|------------------|------------|------------|------------|------------|--------------|
| 10 and | 2008 or | 100 metres | 200 metres | 100 metres | 200 metres | 100 metres |
| Over | earlier | | | | | |
| Entry time 00:00.00 | | | | | | |
| format | | | | | | |

| Age as at 31 Dec 18 | Year Of Birth | Breaststroke | Butterfly | Butterfly | Individual Medley |
|-------------------------------|--------------------|--------------|------------|------------|----------------------|
| 10 and Over | 2008 or earlier | 200 metres | 100 metres | 200 metres | 4 x 50m |
| Entry time 00:00.00 format | | | | | |

| Age as at 31 Dec 18 | Year Of Birth | Freestyle | Backstroke | Breaststroke | Butterfly |
|-------------------------------|------------------|-----------|------------|--------------|-----------|
| 9 and under | 2009 or later | 50 metres | 50 metres | 50 metres | 50 metres |
| Entry time 00:00.00 format | | | | | |

Swimmers 10 and over can enter

2 x 200 metre events; 1 x 200 metre event plus 2 x 100 metre events or 3 x 100 metre events.

Swimmers 9 and under can enter all 4 strokes

The entry fee is £4.50 per event and there is a surcharge of 50p per swimmer. Fees will be collected by Direct Debit.

Number of events entered: _______ at £4.50 per event, plus swimmer surcharge of 50p giving a total of £

Signature of Parent: _____

Name of Swimmer:

Date:_____

____ Swimmer's date of birth:

PAYMENT WILL BE COLLECTED BY DIRECT DEBIT