

Swim Club Members Make a **SPLASH!**

Established in 1976, Deepings Swimming Club are celebrating their 40th anniversary this year. They pride themselves on being a small, friendly club, that can compete with the best, often winning against much larger clubs, thanks to the professionalism and dedication of both the swimmers and coaches. Members of all ages compete regularly for the club, or just simply swim for fun.

The local club have produced some amazingly successful swimmers over the years, including British Paralympian, Rob Welbourn, who began his sporting career at Deepings Swimming Club, before going on to win gold medals at both the 2004 and 2008 Paralympics.

+Other success stories include 18 year old Alex Wray, who has just returned from competing for Team GB at the European Junior Swimming Championships. Having qualified for the 2016 Olympic Trials, Alex took part in the Target Tokyo Finals, with the 2020 Olympics in his sights!

The club works very hard with its dedicated young swimmers, with the top 24 ranked swimmers in each age grouping being invited to the British Summer Championships. The club will be represented proudly at British Championships and English Nationals, this summer, by Isabel Spinley, Bailie Harrison, Miki Lin-Gao and Alex Wray. Deepings



Swimming Club is proud to have been designated the Disability Hub Club for Lincolnshire, and 11 year old Miki Lin-Gao is on the British Para Swimming Spotlight programme for future Paralympians.

Now a well-oiled machine, the club is clearly going strong forty years on, and has a history to be proud of. It has grown in expertise over the years, and members are able to enjoy the support of their fellow club mates, while working at their current individual levels, whilst feeling part of the team. Above all, the club aims to encourage a love of swimming, and is truly proud to be still producing first class swimmers. If anyone would like to join the club, they can request a FREE trial by calling Martyn Reynolds on 01778 344653 or by visiting the club website on www.deepingssc.co.uk

