

East Midlands Age Group Championships

At Corby 28th - 29th April 2018

<http://www.asaem.org.uk/Events/RegionalW22018/webpages/index>

Boys 11/13 Yrs 100m Butterfly - Heats

11/12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
20.	Alex Sadler	11	Deepings	1:22.04 Conv 1.21.1	223	38.79

Girls 11/13 Yrs 200m Butterfly - Heats

11/12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
15.	Molly Briers	12	Deepings	3:04.41 PB Conv 3.02.7	288	40.77	1:28.53	2:18.73

Girls 11/13 Yrs 50m Butterfly - Heats

11/12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
24.	Jessica O'Herlihy	12	Deepings	35.92 PB Conv 35.4 PB	314
30.	Molly Briers	12	Deepings	36.40 PB Conv 35.9	302

13 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
20.	Tiffany Wong	13	Deepings	33.91 PB Conv 33.3 PB	373

Boys 11/13 Yrs 200m Butterfly - Heats

11/12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
6.	Alex Sadler	11	Deepings	2:59.33 Conv 2.57.6	240	39.81	1:25.84	2:14.40

Boys 11/13 Yrs 50m Butterfly - Heats

11/12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
34.	Alex Sadler	11	Deepings	36.21 PB Conv 35.7 PB	237

Boys 11/12 Yrs 200m Butterfly - Final

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
7.	Alex Sadler	11	Deepings	2:58.22 PB Conv 2.56.4	244	39.11	1:23.31	2:12.13

First, I would like to congratulate our four young swimmers Alex Sadler, Molly Briers, Jessica O'Herlihy and Tiffany Wrong on producing some excellent swims on Saturday and Sunday at the East Midland Age Group Championships held at Corby. They were competing against some of the fastest swimmers in the country!

This talented quartet achieved 6 Long Course PB's & 3 converted PBs, a new club record and a finalist!

What stars they are 🏆

Congratulation to Alex Sadler on qualifying for the Midlands for the first time! Alex who has only just turned 11yrs was our youngest swimmer to compete at the Midlands over the weekend. He wasn't overawed by the occasion despite competing against some tough competition, but he wasn't quite as fast of the blocks as we had hoped in his first event 100m butterfly, nevertheless he did give a good performance. Determined to show what he was capability of in the 200m Fly he upped his game and managed to finish 6th giving him a place in the final. In the final he finishes 7th setting a new long course PB. He had an outstanding swim in his third and final event the 50m Butterfly where he set a new club record at 11yrs, he currently hold the 10 year olds 50m,100m & 200m fly club record! I think the older swimmers will have to watch out for this young man in the future - fantastic stuff Alex, well done!

Twelve year old Molly Briers was brave enough to tackle the 200m Butterfly long course also for the very first at these championships. She swam remarkably well to finish in 15th place and to produce her 1st 200m long course PB. To think she has only swam this event four times before this weekend and that was short course. She qualified for the counties at her first ever attempt and then to qualify for the Midlands on her second, this alone was an outstanding achievement. She finished her weekend by achieving a new long course PB in the 50m Butterfly too. - Well Done!

Jessica O'Herlihy only qualified for the Midland championships last month whilst swimming in Grantham Grand Prix meet. Here in Corby she gave an excellent performance setting a new long course PB and a converted PB. Hopefully this swim will inspire her to do even better next year. - Well Done!

Tiffany Wong gained her county qualifying time in this event at club champs last year and went on to qualify for the midlands after finishing 12th in those championships in Louth. Here in Corby she produced a new long course PB and a converted time, she has improved by over 2 seconds during that time which is excellent news. - Well Done!

Well Done Swimmers!