Cumbria ASA (Diddy League Rules)

1) OBJECTIVES

To provide an introduction to competitive swimming for 9, 10 and 11 year olds.

2) JOINING and MEMBERSHIP

- a) Clubs wishing to join the League must make application to Cumbria A.S.A which shall determine such applications at the Annual Council Meeting. New entrants to the League will have preference over clubs wishing to enter a second or third team.
- b) A joining fee shall be paid by all teams joining the League for the first time or after a period of absence.
- c) An annual membership fee shall be paid by all participating teams for the year of competition.
- d) The joining fee and membership fee shall be determined at an Annual Council Meeting of Cumbria ASA.
- e) A dispensation may be granted at each Annual Council Meeting to enable clubs not affiliated to the Cumbria ASA to participate in league events. Application for dispensation shall be in writing and shall reach the secretary 21 days prior to the Annual Council Meeting. The fee for such dispensations shall be determined at the Annual Council Meeting.

3) SCOPE

- a) The competition will comprise a maximum of twelve teams competing in two league rounds usually in April & May, with the eight leading teams after these rounds competing in the Final in June. (N.B for 2017 dates set are 1 April, 13 May and 18 June).
- b) Where more than 6 teams enter the League, the rounds will be divided into 2 galas with as near as possible an equal number of teams in each gala.
- c) The rounds will be swum in 25 metre pools.
- d) Where two galas are held, the allocation of teams in Round 1 will be on a geographical basis and a draw for lanes, at each venue will be made at the Annual Council Meeting of Cumbria ASA.
- e) Where two galas are held, teams will be allocated to venues in Round 2 based on their league position after Round 1 (c.f. Rule 3 Scoring). The odd placed clubs will be allocated to one venue and the even placed clubs allocated to the other venue, or as determined by the League Secretary. Lanes will be spearheaded according to league position.

f) The venues for Round 2 will be allocated by the Diddy League Secretary, taking into account the teams involved in each gala.

4) EVENTS

- a) ASA Law: All events shall be swum under ASA Rules and ASA Technical Rules of Swimming.
- b) The programme of events and distances to be swum are as follows:

| Individual Events | 9 years | | 10 years | | 11 years | |
|----------------------|--|------------|----------|---------|----------|---------|
| | Boys | Girls | Boys | Girls | Boys | Girls |
| Freestyle | 50m | 50m | 50m | 50m | 50m | 50m |
| Breaststroke | 50m | 50m | 50m | 50m | 50m | 50m |
| Backstroke | 50m | 50m | 50m | 50m | 50m | 50m |
| Butterfly | 25m | 25m | 50m | 50m | 50m | 50m |
| | Start at shallow end of pool | | | | | |
| Relays | 9 years | | 10 years | | 11 years | |
| | A Team * | B Team* | Boys | Girls | Boys | Girls |
| Freestyle Relays | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m |
| Medley | 4 x 25m | 4 x | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m |
| Relays | | 25m | | | | |
| Free Cannon | Girls & Boys (separate) 6 x 25 metres - 2 from each Age Group | | | | | |
| Mixed Free | 6 x 25 metres (1 boy + 1 girl from each age group in ascending | | | | | |
| Cannon | order). | | | | | |

For 9 Years A and B Team – the team shall consist of 4 swimmers of any gender and / or combinations of genders. It is expected that the fastest four 9 year olds will be swum as the A Team.

c) Order of Events

| 1. | Girls 6 x 25m Freestyle Relay (2 | 2. | Boys 6 x 25m Freestyle Relay (2 | |
|---------------------------------------|----------------------------------|--------------------------------------|---------------------------------|--|
| girls each Age Group) can swim in any | | boys each Age Group) can swim in any | | |
| order | | order | | |
| 3. | Girls 10yr 50m Freestyle | 4. | Boys 10yr 50m Freestyle | |
| 5. | Girls 9yr 50m Breaststroke | 6. | Boys 9yr 50m Breaststroke | |
| 7. | Girls 11 4 x 25m Freestyle Relay | 8. | Boys 11 4 x 25m Freestyle Relay | |
| 9. | Girls 10yr 50m Breaststroke | 10. | Boys 10yr 50m Breaststroke | |
| 11. | A 9yr 4 x 25m Medley Relay | 12. | B 9yr 4 x 25m Medley Relay | |
| 13. | Girls 11 50m Backstroke | 14. | Boys 11 50m Backstroke | |
| 15. | Girls 10yr 50m Backstroke | 16. | Boys 10yr 50m Backstroke | |

| 17. | A 9yr 4 x 1L Freestyle Relay | 18. | B 9yr 4 x 1L Freestyle Relay | | |
|--------|---|-----|----------------------------------|--|--|
| 19. | Girls 11yr 50m Breaststroke | 20. | Boys 11 yr. 50m Breaststroke | | |
| 21. | Girls 10 4 x 25m Freestyle Relay | 22. | Boys 10 4 x 25m Freestyle Relay | | |
| 23. | Girls 9yr 25m Butterfly | 24. | Boys 9yr 25m Butterfly | | |
| 25. | Girls 11 50m Butterfly | 26. | Boys 11 50m Butterfly | | |
| 27. | Girls 10 4 x 25m Medley Relay | 28. | Boys 10 4 x 25m Medley Relay | | |
| 29. | Girls 9yr 50m Backstroke | 30. | Boys 9yr 50m Backstroke | | |
| 31. | Girls 11yr 4 x 25m Medley Relay | 32. | Boys 11 yr. 4 x 25m Medley Relay | | |
| 33. | Girls 10yr 50m Butterfly | 34. | Boys 10yr 50m Butterfly | | |
| 35. | Girls 9yr 50m Freestyle | 36. | Boys 9yr 50m Freestyle | | |
| 37. | Girls 11 50m Freestyle | 38. | Boys 11 50m Freestyle | | |
| 39. | 9. Mixed 6 x 25m Freestyle Relay 1 Girl & 1 Boy each Age Group in ascending | | | | |
| order. | | | | | |

5) SCORING

- a) Individual Galas: Preliminary rounds will be scored to determine the winner of the gala. Where 6 teams compete, gala points will be awarded 6, 5, 4, 3, 2, 1 for each event. If 5 teams compete points will be awarded 5, 4, 3, 2, 1 and so on.
- b) Rounds will be scored by ranking the times achieved across all teams and in all galas competing in the round.
- c) Where 12 teams compete in a Round the points for each event will be scored 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. Where 11 teams compete the points will be 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 and so on.
- d) Where 2 or more swims have equal times in an event:
 - At the same gala, the points shall be in accordance with the official placing's in that event at that gala.
 - At separate galas in the same round, the points shall be added and divided by the number of teams involved in the tie; with each team being awarded the same number of points notwithstanding the placing's awarded at one of the galas where 2 or more teams have recorded equal times.
- e) Final: The leading 8 teams in the competition after rounds 1 & 2 will qualify to compete in the final gala where lanes will be allocated in spearhead formation according to the final positions.
- f) Where 8 teams compete, points scored will be 8, 7, 6, 5, 4, 3, 2, 1 and so on.
- g) A "count back" rule will be applied in the event of equally scored teams. The first count back will be on the number of first places achieved, if this cannot separate the teams then the number of 2nd places will be looked at, failing that the number of 3rd places etc.

h) Trophies will be presented at the Final in June

The Karen Bowes Cumbria Diddy League Trophy will be awarded to the team scoring most "League" points in the Final after rounds 1 & 2.

The Hoard Monument Trophy will be presented to the team who win the Final

The Tommy Messenger Trophy will be presented to the team who come 2nd in the final

The Alex Hannah Memorial Shield presented to the team who come 3rd in the Final

6) TEAM MANAGEMENT / Chaperones

- a) A management team up to a maximum of 5 will be allowed on poolside with each team
- b) A Chaperone may escort competitors to their starting end of the pool, but shall withdraw once competitors come under the Referee's control or the start of an event. ASA laws will be applied to MC swimmers.
- c) Waiting Time: No waiting time will be permitted.

7) GALA OFFICIALS

- a) The Referee & Starter will be appointed by the League Secretary.
- b) The League Secretary will allocate duties to participating teams to provide between them: 2 Finish Judges, 2 Turn Judges, 2 Stroke Judges, 2 Chief Timekeepers, 2 Recorders and an Announcer.
- c) Each participating team shall provide at least 1 Timekeeper
- d) The Referee may dispense with Timekeepers for the Final if AOE is used.
- d) The club who regularly use the pool where the gala is to be held shall be responsible for the appointment of a chief warm-up steward who shall be an experienced member of the club affiliated to Cumbria ASA. They shall be responsible for the application of local rules on pool safety and lifeguarding.
- e) The competing clubs shall be responsible for the organisation of the warm-up in that club's lane.
- f) A Gala Director may be appointed by the League Secretary to act as the promoter's representative. The person will be responsible for the conduct and management of each gala in association with the referee.

8) AGES AND LIMITATION OF SWIMS

- a) The age groupings shall be 9 years, 10 years, and 11 years and all ages for the whole competition shall be as at the date of Round 1 which shall be announced at the previous Annual Council Meeting of Cumbria ASA.
- b) 9 and 10 year old swimmers are restricted to 2 individual events in their own age group and 1 individual in the age group above.
- c) There is no limitation on the number of relay events in which a swimmer may participate in their own age group; each swimmer may swim in 2 relays in an age group higher than their own.
- d) The Single Gender Cannon must consist of 2 swimmers from each of the age groupings.
- e) The Mixed Cannon must consist of 1 girl and 1 boy from each of the age groupings and be swum in that order (this is not included in the specified relays in section 8c).
- f) A team sheet showing the full names of swimmers and dates of birth of swimmers competing in each event, signed by the Team Manager to show his/her acceptance of responsibility for the fact that all swimmers who intend to dive into the water, which may be as shallow as 0.9m, have the necessary expertise/qualification to do so, shall be handed in to the recorders at the start of each gala. Amendments to the swimmers participating in each race may be made during the course of the gala.
- g) Penalty for Illegal Swims: The Recorders shall maintain a check on the number of swims per swimmer. In the event of the Recorders finding that a swimmer has swum an illegal swim that swimmer shall be disqualified from all events he/she wrongly competed in. The points gained from such events shall be deleted from his/her team score. It may be necessary to re-allocate points to the other competing teams. In addition twelve (12) points are to be deducted from the overall team score of the team penalised for the illegal swim.

9) LEAGUE REGISTRATION OF SWIMMERS

- a) This competition is an open competition within the meaning of ASA Law.
- b) The term 'competition year' refers to the period from 14 days before the first round of the competition until the conclusion of the Grand Final.
- c) A competing club is not required to register the details of swimmers taking part in the competition with the League Secretary, but competing clubs are reminded that they must comply with the current requirements of the ASA regarding registration of swimmers taking part in an open competition.

- d) A club with more than one team in the League is not permitted to interchange swimmers between its teams during the competition year.
- e) Competing swimmers must be members of the club they represent in the League.
- f) Swimmers must be resident in the County of Cumbria during the competition year, or, in the case of residence outside the borders of the County of Cumbria, have longest unbroken membership with the club they represent in the League.
- g) Swimmers may not represent more than one club in the League in any one competition year.
- h) Clubs may only enter more than one team in the League if spaces are available.

10) GALA STARTING TIMES

- a) All galas will start promptly at the times notified by the League Secretary. No points will be awarded for events missed.
- b) Clubs failing to appear at a gala without 14 days prior notice to the League Secretary shall be fined £100

11) FINANCIAL

- a) Each club shall be responsible for its own expenses in attending galas.
- b) Cumbria ASA shall reimburse the League Secretary, or representative, necessary expenses incurred in administering the League.
- c) Cumbria ASA is responsible for the cost of pool hire.
- d) The admission charge for spectators attending galas shall include the price of a programme and shall be determined annually at the Annual Council Meeting of Cumbria ASA
- e) All monies received by the organising clubs in respect of spectator entrance and raffles are the property of Cumbria ASA and must be sent to the County Treasurer together with a statement of account of the gala, within 7 days of the competition.
- f) A fee of £50.00 will be charged to any club who fails to provide the specified number of officials to each gala.