

Senior Age Group and Masters  
All Time Records

**Mixed Relays**

Discipline/Age	74+	120+	160+	200+	240+
4x 25m Freestyle			A Hamerton B Reed J Dowsing J Rohan <b>1.08.76</b> Sussex CC 2016	D Codman W Long H Brown D Trotman <b>1.07.07</b> Sussex CC 2016	T Reardon H Brown B Reed W Long <b>1.08.25</b> Sussex CC 2017
4x 25m Medley			J Rohan D Codman D Trotman C Wood <b>1.20.87</b> Sussex CC 2017	<b>1.18.63</b> Sussex CC 1990	

Discipline/Age	74+	120+	160+	200+	240+
4x 50m Freestyle			W Long T Bell D Trotman D Codman <b>2.17.42</b> Erith Meet 2017		
4x 50m Medley				W Long D Trotman J Rohan H Brown <b>2.46.39</b> Erith Meet 2017	

**Womens  
Relays**

Discipline/Age	100+	140+	180+
4x 25m Freestyle	R Smith D Gilbert T Giles N Foord? <b>1.02.25</b> Sussex CC 1994	<b>1.12.62</b> Sussex CC 1991	<b>1.12.45</b> Sussex CC 1991
4x 25m Medley	R Smith D Gilbert T Giles N Foord? <b>1.12.43</b> Sussex CC 1994	<b>1.17.36</b> Sussex CC 1991	<b>1.21.78</b> Sussex CC 1991

**Mens  
Relays**

Discipline/Age	100+	140+	180+
4x 25m Freestyle	C Sampson A Rooke D Logan ? <b>1.00.45</b> Sussex CC 1989	<b>58.41</b> Sussex CC 1989	C Sampson C Morton R Wakefield ? Sussex CC 1989
4x 25m Medley	C Sampson A Waring I Glover ? <b>1.03.76</b> Sussex CC 1991	<b>1.08.52</b> Sussex CC 1989	C Sampson C Morton R Wakefield ? <b>1.08.64</b> Sussex CC 1989

Swimmers must be members of Beacon SC and aged 18 or over as at the date of the swim which must be swum at the Beacon Club Championships, the Sussex Masters Championships, a Masters event or other licensed event listed on the ASA website