

Senior Age Group and Masters  
All Time Records

**Women**

Discipline/Age	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
25m Backstroke				Lorna Hayden 21.85 Sussex CC 2017			Bernadette Reed 24.34 Sussex CC 2017				Hilary Brown 26.64 Sussex CC 2016		
25m Breaststroke				Justine Dowsing 25.41 Sussex CC 2016	Justine Dowsing 26.80 Sussex CC 2017	Donna Trotman 22.61 Sussex CC 2016	Celine Woods 24.12 Sussex CC 2017						
25m Butterfly						Donna Trotman 17.66 Sussex CC 2017	Jane Hand 19.90 Sussex CC 2016				Hilary Brown 29.88 Sussex CC 29.88		
25m Freestyle	Tammi Bell 17.54 Sussex CC 2017	Dayna Else 31.65 Sussex CC 2009		Lorna Hayden 17.27 Sussex CC 2017	Justine Dowsing 22.29 Sussex CC 2017		Jane Hand 17.10 Sussex CC 2016				Hilary Brown 21.68 Sussex CC 2017		
50m Backstroke	Jo Christmas 37.33 Beacon CC 2018	A Wadmore 39.51 Sussex CC 1989	Michelle Hudd 45.89 Sussex CC 1990	Teresa Giles 42.77 Sussex CC 1990	Nina Foord 52.75 Sussex CC 1991	Donna Trotman 44.03 Beacon CC 2018	Hilary Brown 47.76 Sussex CC 1994	Betty Rose 50.36 Sussex CC 1990	Betty Rose 51.98 Sussex CC 1991	Betty Rose 54.40 Sussex CC 1997	Betty Rose 57.67 Sussex CC 2003	Betty Rose 59.74 Sussex CC 2007	
50m Breaststroke	Amy Allen 41.11 BUCS Short C 2013	Della Gilbert 40.46 Sussex CC 1994		Teresa Giles 40.14 Sussex CC 1991	Teresa Giles 42.56 Sussex CC 1993	Donna Trotman 44.85 Beacon CC 2018	Nina Foord 49.66 Sussex CC 2001	Betty Rose 54.33 Sussex CC 1988	Betty Rose 54.33 Sussex CC 1992	Betty Rose 58.87 Sussex CC 1998	Betty Rose 1.00.57 Sussex CC 2001		
50m Butterfly		Rae Smith 33.68 Sussex CC 1994		Teresa Giles 37.33 Sussex CC 1993	Teresa Giles 37.33 Sussex CC 1993	Donna Trotman 41.73 Beacon CC 2017	Hilary Brown 49.28 Sussex CC 1994	Betty Rose 51.95 Sussex CC 1990	Betty Rose 51.91 Sussex CC 1993	Betty Rose 56.22 Sussex CC 1997	Betty Rose 1.01.33 Sussex CC 2001	Betty Rose 1.10.80 Sussex CC 2007	

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50m Freestyle	<b>Gabby Taylor</b> 29.26 BUCS Short C 2018	<b>Rae Smith</b> 31.37 Sussex CC 1994	<b>Michelle Hudd</b> 40.01 Sussex CC 1990	<b>Teresa Giles</b> 32.71 Sussex CC 1991	<b>Teresa Giles</b> 34.30 Sussex CC 1993	<b>Donna Trotman</b> 34.50 LC GLAMM 2017	<b>Hilary Brown</b> 39.09 Beacon CC 1996	<b>Hilary Brown</b> 43.13 Sussex CC 2003	<b>Hilary Brown</b> 42.75 Sussex CC 2005	<b>Betty Rose</b> 51.80 Sussex CC 1999	<b>Hilary Brown</b> 47.07 Sussex CC 2016	<b>Betty Rose</b> 56.76 Sussex CC 2007	
100m Backstroke	<b>Jo Christmas</b> 1.18.05 Beacon CC 2018			<b>Ruth McQuaid</b> 2.14.37 Sussex CC 2005				<b>Hilary Brown</b> 1.53.55 Sussex CC 2001	<b>Hilary Brown</b> 2.00.59 Sussex CC 2004	<b>Betty Rose</b> 2.04.87 Sussex CC 2000	<b>Betty Rose</b> 2.05.79 Sussex CC 2001		
100m Breaststroke	<b>Amy Allen</b> 1.33.97 BUCS Short C 2013			<b>Ruth McQuaid</b> 2.26.90 Sussex CC 2005		<b>Donna Trotman</b> 1.41.92 Sussex CC 2017	<b>Nina Foord</b> 1.54.40 Sussex CC 2001			<b>Betty Rose</b> 2.14.00 Sussex CC 2000	<b>Betty Rose</b> 2.16.20 Sussex CC 2001		
100m Butterfly	<b>Kim Fenner</b> 1.29.76 Beacon SC 1989												
100m Freestyle	<b>Gabby Taylor</b> 1.05.31 Beacon CC 2018	<b>Tammi Bell</b> 1.26.20 Beacon CC 2018			<b>Justine Dowsing</b> 1.47.93 Beacon CC 2018	<b>Rachael Cowell</b> 1.18.39 Beacon CC 2018	<b>Nina Foord</b> 1.33.29 Sussex CC 2001	<b>Hilary Brown</b> 1.36.73 Sussex CC 2001	<b>Hilary Brown</b> 1.38.08 Sussex CC 2006		<b>Hilary Brown</b> 1.51.84 Sussex CC 2017		
200m Backstroke	<b>Jo Christmas</b> 2.45.63 Beacon CC 2018												
200m Breaststroke													

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200m Butterfly	<b>Jo Christmas</b> <b>3.08.31</b> Beacon CC 2018												
200m Freestyle	<b>Jo Christmas</b> <b>2.24.26</b> Beacon CC 2018										<b>Hilary Brown</b> <b>4.24.75</b> Erith Meet 2017		
100m IM	<b>E Horsfall-Turner</b> <b>1.24.12</b> Littlehampton Splash 2014	<b>Rae Smith</b> <b>1.17.57</b> Sussex CC 1994		<b>Teresa Giles</b> <b>1.21.00</b> Sussex CC 1991	<b>Teresa Giles</b> <b>1.27.11</b> Sussex CC 1993	<b>Donna Trotman</b> <b>1.32.17</b> Beacon CC 2018	<b>Jane Hand</b> <b>1.42.34</b> Beacon CC 2016	<b>Betty Rose</b> <b>1.53.09</b> Sussex CC 1990	<b>Hilary Brown</b> <b>1.53.44</b> Sussex CC 1993	<b>Betty Rose</b> <b>2.01.87</b> Sussex CC 1999	<b>Betty Rose</b> <b>2.09.63</b> Sussex CC 2001	<b>Betty Rose</b> <b>2.19.61</b> Sussex CC 2007	
200m IM	<b>Jo Christmas</b> <b>2.47.09</b> Beacon CC 2018					<b>Donna Trotman</b> <b>3.28.89</b> Beacon CC 2018							
400m IM													
400m Freestyle	<b>Jo Christmas</b> <b>5.01.65</b> Beacon CC 2018	<b>Dayna Else</b> <b>5.48.25</b> Beacon CC 2008									<b>Hilary Brown</b> <b>9.20.63</b> Sussex CC 2016		
800m Freestyle	<b>Jo Christmas</b> <b>10.26.84</b> Beacon CC 2018					<b>Rachael Cowell</b> <b>13.07.07</b> Beacon CC 2018							
1500m Freestyle													

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