

Swimmers' Code of Conduct



General Behaviour

1. I will treat all members of, and persons associated with, Wey Valley Swimming Club with due dignity and respect
2. I will treat everyone equally and never discriminate against another person associated with Wey Valley Swimming Club on any grounds including age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
4. I will display a high standard of behaviour at all times.
5. I will always report any poor behaviour by others to an appropriate officer or member of the committee.
6. I will recognise and celebrate the good performance and success of fellow Club and team members.
7. I will respect the privacy of others, especially in the use of changing facilities.

Training

1. I will treat my coaches and fellow swimmers with respect.
2. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down in my squad.
3. I will arrive in good time on poolside before the training session start to complete poolside warm up as for my squad.
4. I understand that if I arrive late, I must report to the coach before entering the water.
5. I will ensure that I have all necessary equipment with me, e.g. paddles, kick board, hats, goggles, fins, etc.
6. If I need to leave the pool for any reason during training, I will request permission from my coach before I do so.
7. I will listen to what my coach is telling me at all times and obey any instructions given.
8. I will always swim to the wall as I would in a race, and I will practise turns as instructed.
9. I will not stop and stand in the lane, obstruct others from completing their training.

10. I will not pull on the ropes as I may injure other swimmers.
11. I will not skip lengths or sets – to do so means I would only be cheating myself.
12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
13. If I have any problems with the behaviour of fellow swimmers, I will report them at the time to an appropriate adult.

Competitions

1. At competitions, whether they be open meets, national events or Club galas, I will always behave in a manner that shows respect to my coach, the officials, my teammates and members of all competing organisations.
2. I understand that I will be required to attend events and galas that the Head Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official or coach.
3. I understand that I must wear appropriate swimwear, track suits, tee-shirts/shorts and hats as per the rules laid down by WVSC
4. I will report to my coach and/or team manager on arrival on poolside.
5. I will warm up before the event as directed by the coach in charge on the day and ensure I fully prepare myself to race.
6. I will be part of the team. This means I will stay with the team on poolside.
7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
8. After my race, I will report to the coach for feedback.
9. I will support my teammates. Everyone likes to be supported and they will be supporting me in return.
10. I will swim down after a race if possible, as advised by the coach.
11. My behaviour in the swim down must be appropriate and respectful to the other users at all times.
12. I will never leave an event until either the gala is complete, or I have explicit agreement of the coach or team manager

Signed

Dated