

## Meet the swimmer: Bailie Harrison



### **FACTFILE**

Name: Bailie Harrison

Age: 16

Squad: Midlands Youth

Joined club: 2008

Pre-race meal: Pasta

National events 2017: 50m and 100m butterfly

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### **Q: What do you love about swimming?**

Everything! It's natural to me, I've been doing it for so long. I love the rush I get and I love training as well as racing.

### **Q: What is your favourite stroke, and why?**

Fly – it is the one that brings out the best in me.

### **Q: What is your least favourite part of training?**

Nothing – it's all pretty good!

### **Q: What's the best bit of advice or feedback that head coach Lynn has ever given you?**

That believing in yourself is just as important as swimming.

### **Q: What is your achievement aim at the 2017 nationals?**

Trying to get the Commonwealth Games trial times [for the Winter Nationals].

### **Q: Who is your hero (sporting or otherwise)?**

Michael Phelps.

### **Q: What was your most embarrassing incident at training or a gala?**

I slip over a lot on poolside! I have also face-planted on press-ups!



**Q: What are your goals for the next year?**

To get to the British Championships again and the summer nationals.

**Q: What do you enjoy doing when you aren't in the pool?**

Reading – I like psychology novels and I'm reading up for sixth form. I'm obsessed by murder mystery TV shows!