

Meet the swimmer: Bailie Harrison



FACTFILE

Name: Bailie Harrison

Age: 16

Squad: Midlands Youth

Joined club: 2008

Pre-race meal: Pasta

National events 2017: 50m and 100m butterfly

Q: What do you love about swimming?

Everything! It's natural to me, I've been doing it for so long. I love the rush I get and I love training as well as racing.

Q: What is your favourite stroke, and why?

Fly – it is the one that brings out the best in me.

Q: What is your least favourite part of training?

Nothing – it's all pretty good!

Q: What's the best bit of advice or feedback that head coach Lynn has ever given you?

That believing in yourself is just as important as swimming.

Q: What is your achievement aim at the 2017 nationals?

Trying to get the Commonwealth Games trial times [for the Winter Nationals].

Q: Who is your hero (sporting or otherwise)?

Michael Phelps.

Q: What was your most embarrassing incident at training or a gala?

I slip over a lot on poolside! I have also face-planted on press-ups!

Q: What are your goals for the next year?

To get to the British Championships again and the summer nationals.

Q: What do you enjoy doing when you aren't in the pool?

Reading – I like psychology novels and I'm reading up for sixth form. I'm obsessed by murder mystery TV shows!