



Six Deepings Swimming Club swimmers qualify for summer national champs

Six members of Deepings Swimming Club are heading to this summer's British and English national championships. The team will be competing across 13 events next month at Ponds Forge in Sheffield.

Isabel Spinley, Bailie Harrison and Tom Adams will race at the British Summer Championships on July 25-30, where the country's fastest 24 swimmers in each age group and event go head-to-head in the pool.

Isabel will represent the club in the 50m, 100m, and 200m butterfly, Bailie Harrison will compete in the 50m butterfly and Tom Adams will swim in the 50m and 100m butterfly.

The trio will be joined by Louis Metselaar, Ben Beedell and Chloe Jones at the Swim England National Summer Meet in Sheffield a week later, where the next ranked swimmers at English-affiliated clubs compete.

Isabel will take part in the 400 Individual Medley, Bailie in the 100m butterfly, Tom in the 200m butterfly, Louis in the 50m and 100m breaststroke, Ben in the 200m butterfly and Chloe in the 800m freestyle.

Lynn Chapman, Deepings Swimming Club head coach, said: "It's a fantastic achievement for a club the size of Deepings to get so many swimmers through to nationals. We have some exciting medals prospects and we'll be working hard over the next few weeks to help the swimmers to fulfil their potential."

British Summer Championships

- Isabel Spinley: 50m, 100m and 200m butterfly
- Bailie Harrison: 50m butterfly
- Tom Adams: 50m and 100m butterfly

Swim England National Summer Meet

- Isabel Spinley: 400m individual medley
- Bailie Harrison: 100m butterfly
- Louis Metselaar: 50m and 100m breaststroke
- Tom Adams and Ben Beedell: 200m butterfly
- Chloe Jones: 800m freestyle