



Club Championships 2016

Saturday 16th & Sunday 17th July

Schedule of Events

Saturday 16th July	
Session 3	Warm Up at 2.30pm Start at 3.30pm
Event 301	Girls 200m IM
Event 302	Boys 200m Freestyle
Event 303	Girls 25m Breaststroke
Event 304	Boys 25m Backstroke
Event 305	Girls 50m Butterfly
Event 306	Boys 100m Breaststroke
Event 307	Girls 200m Backstroke
Event 308	Boys 25m Butterfly
Event 309	Girls 25m Freestyle
Event 310	Boys 100m Backstroke

Saturday 16th July	
Session 4	Warm Up at 6.00 pm Start at 7.00 pm
Event 401	Boys 50m Backstroke
Event 402	Girls 100m Breaststroke
Event 403	Boys 100m Freestyle
Event 404	Girls 200m Butterfly
Event 405	Boys 200m Breaststroke
Event 406	Girls 200m Breaststroke
Event 407	Boys 50m Breaststroke
Event 408	Parents Race : 25m Freestyle

Sunday 17th July	
Session 5	Warm Up at 9.00am Start at 10.00am
Event 501	Boys 200m Butterfly
Event 502	Girls 200m Freestyle
Event 503	Boys 25m Breaststroke
Event 504	Girls 25m Backstroke
Event 505	Boys 50m Butterfly
Event 506	Girls 100m Butterfly
Event 507	Boys 200m Backstroke
Event 508	Girls 25m Butterfly
Event 509	Boys 25m Freestyle
Event 510	Girls 100m Backstroke

Sunday 17th July	
Session 6	Warm Up at 12.30pm Start at 1.30pm
Event 601	Girls 50m Backstroke
Event 602	Boys 100m Butterfly
Event 603	Girls 100m Freestyle
Event 604	Boys 200m IM
Event 605	Girls 100m IM
Event 606	Boys 50m Freestyle
Event 607	Girls 50m Breaststroke
Event 608	Boys 100m IM
Event 609	Girls 50m Freestyle

**Swimmers must sign-in for every session—
the sign-in will close 15 minutes after the start of the warm up**

Deepings Swimming Club - Club Championships 2016



Session 3 : Saturday 16th July Warm Up 2.30pm Start 3.30pm Sign-in by 2.45pm

EVENT 301 Girls Open 200m IM

Comp No	Swimmer	Age	Entry Time	Race Time
1	Hannah TAYLOR	10		
2	Poppy BATEY	10		
3	Lucia KARIC	8		
4	Molly BRIERS	10	4:01.52	
5	Jessica O'HERLIHY	10	3:41.28	
6	Ffion TRUNDELL	11	3:36.11	
7	Pippa EVERTON	11	3:32.32	
8	Isabelle WOOSNAM	11	3:32.32	
9	Lauren HARRISON	12	3:30.28	
10	Gemma HALL	13	3:26.99	
11	Amy CATHERALL	14	3:24.33	
12	Lorna MCGILL	13	3:23.97	
13	Sophie BASKEYFIELD	13	3:18.77	
14	Grace ADAMS	13	3:18.31	
15	Phoebe CARDELL	14	3:13.10	
16	Evadne DAWSON	12	3:11.97	
17	Emma WILDE	13	3:03.40	
18	Jessie SPOONER	14	3:02.33	
19	Abbie MASON	15	3:01.19	

Comp No	Swimmer	Age	Entry Time	Race Time
20	Jemma HOUSEGO	11	2:58.24	
21	Helena WATERS	14	2:58.09	
22	Emma LUND	50	2:56.69	
23	Amy TAPPERN	13	2:54.84	
24	Natalie SMITH	15	2:51.93	
25	Holly LEGGOTT	14	2:50.29	
26	Ciara SHLACKMAN	14	2:45.84	
27	Katie RUNDLE	12	2:44.43	
28	Berri HARRISON	18	2:43.15	
29	Emma WALLACE	14	2:41.54	
30	Chloe JONES	14	2:39.80	
31	Charlotte YOUDS	14	2:39.03	
32	Alexandra COOPER	14	2:38.69	
33	Bethany EAGLE-BROWN	13	2:38.69	
34	Bethany WILDE	17	2:33.75	
35	Kelda MCKNIGHT	20	2:32.66	
36	Emily MCCANN	15	2:30.90	
37	Bailie HARRISON	16	2:30.55	

EVENT 302 Boys Open 200m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Jack LITMAN	16		
2	Logan MELVILLE	8		
3	Harry NEWMAN	10	3:56.66	
4	Thomas BARRICK	13	3:03.20	
5	Daniel LANSELL	16	2:48.09	
6	Jack HALL	16	2:41.21	
7	Joseph MICHAEL	16	2:40.26	
8	Francis BARNETT	13	2:38.99	
9	Joseph LUND	12	2:36.41	

Comp No	Swimmer	Age	Entry Time	Race Time
10	Jake JUNGSMANN	13	2:35.72	
11	Benjamin BRIGGS	14	2:28.82	
12	Benjamin GREGSON	15	2:25.18	
13	Louis METSELAAR	14	2:18.45	
14	Christopher BARRETT	20	2:15.00	
15	Kallum PENMAN	14	2:14.34	
16	Benjamin BEEDELL	14	2:12.02	
17	Tom ADAMS	14	2:08.67	

EVENT 303 Girls Open 25m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Freya SPRIGGS	8		

Comp No	Swimmer	Age	Entry Time	Race Time
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EVENT 304 Boys Open 25m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Logan MELVILLE	8	27.00	

Comp No	Swimmer	Age	Entry Time	Race Time
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EVENT 305 Girls Open 50m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Isla BAKER	9		
2	Lauren SAUNDERSON	12		
3	Isabel JACKSON	11		
4	Daisy JUNGSMANN	9		
5	Lucia KARIC	8		
6	Lilly TAPPERN	9		
7	Imogen MCGILL	11	1:08.05	
8	Tiffany WONG	11	1:01.45	
9	Alice DOVEY	10	57.81	
10	Ffion TRUNDELL	11	54.03	
11	Poppy BATEY	10	53.67	
12	Kaitlyn ROBERTS	12	53.30	
13	Ellen HALL	10	52.47	
14	Gemma HALL	13	52.17	
15	Molly BRIERS	10	48.42	
16	Isabelle WOOSNAM	11	46.59	
17	Amy CATHERALL	14	45.77	
18	Elysia WOOSNAM	12	45.67	
19	Pippa EVERTON	11	45.29	
20	Jessica O'HERLIHY	10	44.75	
21	Lauren HARRISON	12	43.43	
22	Lorna MCGILL	13	43.21	
23	Evadne DAWSON	12	42.87	
24	Helena WATERS	14	41.63	

Comp No	Swimmer	Age	Entry Time	Race Time
25	Emma WILDE	13	41.07	
26	Sophie BASKEYFIELD	13	40.90	
27	Abbie MASON	15	40.53	
28	Grace ADAMS	13	38.36	
29	Amy TAPPERN	13	38.25	
30	Natalie SMITH	15	38.09	
31	Phoebe CARDELL	14	36.98	
32	Hannah MATTHEWS	14	36.64	
33	Jemma HOUSEGO	11	36.39	
34	Holly LEGGOTT	14	36.12	
35	Emma LUND	50	35.14	
36	Alexandra COOPER	14	34.80	
37	Chloe JONES	14	34.79	
38	Katie RUNDLE	12	34.54	
39	Emma WALLACE	14	34.53	
40	Jessie SPOONER	14	34.41	
41	Anita WONG	14	34.13	
42	Berri HARRISON	18	34.02	
43	Charlotte YOUDS	14	32.77	
44	Bethany EAGLE-BROWN	13	32.70	
45	Emily MCCANN	15	31.83	
46	Bethany WILDE	17	30.91	
47	Isabel SPINLEY	16	30.45	
48	Bailie HARRISON	16	29.61	

2

Deepings Swimming Club - Club Championships 2016



Session 3 : Saturday 16th July Warm Up 2.30pm Start 3.30pm Sign-in by 2.45pm

EVENT 306 Boys Open 100m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Charles HARRISON	11		
2	Henry BARNETT	14		
3	Logan MELVILLE	8		
4	Oliver HARRISON	9		
5	Harry NEWMAN	10		
6	Alex JUNGSMANN	12	1:56.96	
7	Thomas BARRICK	13	1:54.48	
8	Jack LITMAN	16	1:50.17	
9	William KONG	13	1:49.63	
10	Francis BARNETT	13	1:44.66	
11	Callum MELVILLE	10	1:40.77	

Comp No	Swimmer	Age	Entry Time	Race Time
12	Daniel LANSELL	16	1:39.32	
13	Jack HALL	16	1:39.32	
14	Benjamin BRIGGS	14	1:31.66	
15	Paul SMITH-SHELTON	48	1:31.13	
16	Joseph LUND	12	1:30.84	
17	Benjamin GREGSON	15	1:28.00	
18	Kallum PENMAN	14	1:26.47	
19	Christopher BARRETT	20	1:21.04	
20	Benjamin BEEDELL	14	1:19.53	
21	Louis METSELAAR	14	1:19.30	
22	Tom ADAMS	14	1:11.80	

EVENT 307 Girls Open 200m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Lucia KARIC	8		
2	Molly BRIERS	10		
3	Imogen MCGILL	11		
4	Lucie LUND	9		
5	Ffion TRUNDELL	11		
6	Alice DOVEY	10	4:14.73	
7	Pippa EVERTON	11	4:04.37	
8	Sophie BASKEYFIELD	13	3:44.87	
9	Amy CATHERALL	14	3:31.12	
10	Emma WILDE	13	3:27.06	
11	Gemma HALL	13	3:19.91	
12	Evadne DAWSON	12	3:18.54	
13	Jemma HOUSEGO	11	3:10.89	
14	Anita WONG	14	2:59.60	
15	Amy TAPPERN	13	2:54.22	

Comp No	Swimmer	Age	Entry Time	Race Time
16	Helena WATERS	14	2:50.09	
17	Abbie MASON	15	2:49.39	
18	Bethany EAGLE-BROWN	13	2:46.85	
19	Katie RUNDLE	12	2:43.91	
20	Alexandra COOPER	14	2:43.52	
21	Emma WALLACE	14	2:41.02	
22	Holly LEGGOTT	14	2:39.91	
23	Danielle SHLACKMAN	17	2:38.76	
24	Bailie HARRISON	16	2:38.59	
25	Chloe JONES	14	2:35.91	
26	Ciara SHLACKMAN	14	2:35.59	
27	Jessie SPOONER	14	2:34.61	
28	Emily MCCANN	15	2:33.60	
29	Kelda MCKNIGHT	20	2:30.23	
30	Isabel SPINLEY	16	2:28.12	

EVENT 308 Boys Open 25m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
NO ENTRIES				

Comp No	Swimmer	Age	Entry Time	Race Time

EVENT 309 Girls Open 25m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Freya SPRIGGS	8		

Comp No	Swimmer	Age	Entry Time	Race Time

EVENT 310 Boys Open 100m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Joseph MICHAEL	16		
2	Harry NEWMAN	10		
3	Owen SADLER	11		
4	Thomas BARRICK	13		
5	Charles HARRISON	11		
6	Jack LITMAN	16	1:47.64	
7	Callum MELVILLE	10	1:37.16	
8	Daniel LANSELL	16	1:34.68	
9	Alex JUNGSMANN	12	1:31.38	
10	Harry CARDELL	12	1:24.71	
11	Joseph LUND	12	1:24.26	
12	Henry BARNETT	14	1:24.13	

Comp No	Swimmer	Age	Entry Time	Race Time
13	Jack HALL	16	1:23.35	
14	Benjamin GREGSON	15	1:22.96	
15	Francis BARNETT	13	1:22.73	
16	Alec LAMSDALE	19	1:19.08	
17	George SHAW	19	1:16.33	
18	Jake JUNGSMANN	13	1:15.47	
19	Benjamin BRIGGS	14	1:15.35	
20	Louis METSELAAR	14	1:13.78	
21	Christopher BARRETT	20	1:12.80	
22	Tom ADAMS	14	1:12.77	
23	Kallum PENMAN	14	1:12.60	
24	Benjamin BEEDELL	14	1:11.32	



VOLUNTEERS NEEDED

VOLUNTEERS

Your Club needs volunteers. You don't have to be on the Committee but help is always needed.
So why not get involved?
Speak to Martyn if you're interested

Deepings Swimming Club - Club Championships 2016



Session 4 : Saturday 16th July Warm Up 6.00pm Start 7.00pm Sign-in by 6.15pm

EVENT 401 Boys Open 50m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Zack TREHARNE	12		
2	Owen SADLER	11		
3	Samuel HARRISS	9		
4	Oliver HARRISON	9	1:01.00	
5	Logan MELVILLE	8	1:00.51	
6	Luke HARRIS	11	50.20	
7	Jack LITMAN	16	48.12	
8	Callum MELVILLE	10	45.20	
9	Charles HARRISON	11	44.44	
10	Thomas BARRICK	13	43.13	
11	Alex JUNGSMANN	12	42.66	
12	William KONG	13	41.52	
13	Joseph MICHAEL	16	40.57	
14	Harry CARDELL	12	39.97	

Comp No	Swimmer	Age	Entry Time	Race Time
15	Joseph LUND	12	39.62	
16	Jack HALL	16	38.89	
17	Henry BARNETT	14	38.51	
18	Alec LAMSDALE	19	38.00	
19	Benjamin GREGSON	15	37.95	
20	Francis BARNETT	13	37.63	
21	Tom ADAMS	14	36.03	
22	Jake JUNGSMANN	13	35.64	
23	Benjamin BRIGGS	14	35.24	
24	George SHAW	19	34.96	
25	Kallum PENMAN	14	34.64	
26	Louis METSELAAR	14	34.02	
27	Benjamin BEEDELL	14	33.31	

EVENT 402 Girls Open 100m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Daisy JUNGSMANN	9		
2	Hannah PILLING	32		
3	Poppy BATEY	10		
4	Lilly TAPPERN	9		
5	Molly BRIERS	10		
6	Isla BAKER	9		
7	Tiffany WONG	11	2:09.24	
8	Lauren SAUNDERSON	12	2:01.27	
9	Pippa EVERTON	11	2:00.04	
10	Ffion TRUNDELL	11	1:57.38	
11	Imogen MCGILL	11	1:57.30	
12	Gemma HALL	13	1:52.83	
13	Jemma HOUSEGO	11	1:48.95	
14	Evadne DAWSON	12	1:46.50	
15	Grace ADAMS	13	1:46.37	
16	Amy CATHERALL	14	1:42.82	
17	Emma WILDE	13	1:37.48	

Comp No	Swimmer	Age	Entry Time	Race Time
18	Amy TAPPERN	13	1:36.80	
19	Lorna MCGILL	13	1:36.48	
20	Holly LEGGOTT	14	1:34.96	
21	Helena WATERS	14	1:33.82	
22	Bronte CLARIDGE	14	1:33.67	
23	Abbie MASON	15	1:32.69	
24	Chloe JONES	14	1:31.49	
25	Katie RUNDLE	12	1:30.40	
26	Emma WALLACE	14	1:30.01	
27	Anita WONG	14	1:26.35	
28	Charlotte YOUNDS	14	1:26.24	
29	Natalie SMITH	15	1:26.06	
30	Alexandra COOPER	14	1:26.05	
31	Berri HARRISON	18	1:24.68	
32	Emily MCCANN	15	1:23.14	
33	Bailie HARRISON	16	1:20.26	

EVENT 403 Boys Open 100m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Charles HARRISON	11		
2	Owen SADLER	11		
3	Logan MELVILLE	8		
4	Jack LITMAN	16	1:34.16	
5	Thomas BARRICK	13	1:32.50	
6	Alex JUNGSMANN	12	1:30.75	
7	William KONG	13	1:25.31	
8	Callum MELVILLE	10	1:25.13	
9	Daniel LANSELL	16	1:16.67	
10	Henry BARNETT	14	1:15.76	
11	Harry CARDELL	12	1:15.46	
12	Jack HALL	16	1:15.19	
13	Joseph LUND	12	1:13.72	

Comp No	Swimmer	Age	Entry Time	Race Time
14	Joseph MICHAEL	16	1:12.39	
15	Francis BARNETT	13	1:11.01	
16	Alec LAMSDALE	19	1:08.00	
17	George SHAW	19	1:06.39	
18	Benjamin GREGSON	15	1:06.25	
19	Benjamin BRIGGS	14	1:06.23	
20	Gareth ROBERTS	43	1:04.55	
21	Kallum PENMAN	14	1:02.91	
22	Louis METSELAAR	14	1:01.82	
23	Benjamin BEEDELL	14	1:01.56	
24	Christopher BARRETT	20	1:01.00	
25	Tom ADAMS	14	58.01	
26	Alex WRAY	18	50.15	

EVENT 404 Girls Open 200m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Jessica O'HERLIHY	10		
2	Jessie SPOONER	14		
3	Jemma HOUSEGO	11		
4	Evadne DAWSON	12	4:08.88	
5	Amy TAPPERN	13	3:36.70	
6	Ciara SHLACKMAN	14	2:57.46	
7	Chloe JONES	14	2:49.36	

Comp No	Swimmer	Age	Entry Time	Race Time
8	Katie RUNDLE	12	2:46.90	
9	Charlotte YOUNDS	14	2:43.90	
10	Emma WALLACE	14	2:43.76	
11	Bethany WILDE	17	2:38.90	
12	Emily MCCANN	15	2:33.60	
13	Isabel SPINLEY	16	2:21.84	

Rob Welbourn Open Meet 2016

Don't forget to get your entries in for our Open Meet on 1st & 2nd October, check your emails or our website for more details

Deepings Swimming Club - Club Championships 2016



Session 4 : Saturday 16th July Warm Up 6.00pm Start 7.00pm Sign-in by 6.15pm

EVENT 405 Boys Open 200m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Charles HARRISON	11		
2	Jack LITMAN	16	3:54.93	
3	Callum MELVILLE	10	3:42.41	
4	Jack HALL	16	3:33.69	
5	Daniel LANSELL	16	3:32.96	
6	Paul SMITH-SHELTON	48	3:25.31	
7	Kallum PENMAN	14	3:13.38	

Comp No	Swimmer	Age	Entry Time	Race Time
8	Joseph LUND	12	3:12.35	
9	Jake JUNGSMANN	13	3:08.70	
10	Benjamin GREGSON	15	3:08.19	
11	Louis METSELAAR	14	2:52.68	
12	Benjamin BEEDELL	14	2:50.00	
13	Tom ADAMS	14	2:42.09	

EVENT 406 Girls Open 200m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Molly BRIERS	10		
2	Hannah PILLING	32		
3	Jemma HOUSEGO	11		
4	Pippa EVERTON	11		
5	Ellen HALL	10		
6	Ffion TRUNDELL	11		
7	Lucia KARIC	8		
8	Imogen MCGILL	11	4:36.21	
9	Lauren SAUNDERSON	12	4:13.77	
10	Gemma HALL	13	3:59.17	
11	Amy CATHERALL	14	3:46.77	
12	Emma WILDE	13	3:45.67	
13	Amy TAPPERN	13	3:44.68	
14	Evadne DAWSON	12	3:38.34	

Comp No	Swimmer	Age	Entry Time	Race Time
15	Bronte CLARIDGE	14	3:34.58	
16	Abbie MASON	15	3:34.31	
17	Lorna MCGILL	13	3:30.57	
18	Holly LEGGOTT	14	3:28.97	
19	Helena WATERS	14	3:22.72	
20	Katie RUNDLE	12	3:19.74	
21	Chloe JONES	14	3:19.19	
22	Natalie SMITH	15	3:12.44	
23	Isabel SPINLEY	16	3:04.60	
24	Alexandra COOPER	14	3:04.06	
25	Emily MCCANN	15	3:02.59	
26	Bethany WILDE	17	3:01.59	
27	Berri HARRISON	18	2:57.68	
28	Bailie HARRISON	16	2:52.23	

EVENT 407 Boys Open 50m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Zack TREHARNE	12		
2	Samuel HARRISS	9		
3	Logan MELVILLE	8	1:09.94	
4	Oliver HARRISON	9	1:01.13	
5	Luke HARRIS	11	1:00.87	
6	Alex JUNGSMANN	12	52.92	
7	Jack LITMAN	16	51.77	
8	William KONG	13	50.76	
9	Harry CARDELL	12	48.99	
10	Callum MELVILLE	10	47.42	
11	Francis BARNETT	13	46.38	
12	Jack HALL	16	46.09	
13	Joseph MICHAEL	16	45.60	
14	Daniel LANSELL	16	45.28	

Comp No	Swimmer	Age	Entry Time	Race Time
15	Henry BARNETT	14	43.12	
16	Benjamin BRIGGS	14	42.68	
17	Joseph LUND	12	41.73	
18	George SHAW	19	41.61	
19	Kallum PENMAN	14	41.31	
20	Jake JUNGSMANN	13	40.70	
21	Paul SMITH-SHELTON	48	40.60	
22	Benjamin GREGSON	15	38.82	
23	Christopher BARRETT	20	37.56	
24	Louis METSELAAR	14	36.64	
25	Benjamin BEEDELL	14	36.48	
26	Tom ADAMS	14	32.83	
27	Alex WRAY	18	29.40	

EVENT 408 Parents Race 25m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1				
2				
3				
4				
5				
6				

Comp No	Swimmer	Age	Entry Time	Race Time
7				
8				
9				
10				
11				
12				



Parents Race

Taking place at the end of this session, it's your chance to show the kids how it should be done — so make sure you sign up!

Deepings Swimming Club - Club Championships 2016



Session 5 : Sunday 17th July Warm Up 9.00am Start 10.00am Sign-in by 9.15am

EVENT 501 Boys Open 200m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Harry CARDELL	12	3:14.45	
2	George SHAW	19	2:55.71	
3	Kallum PENMAN	14	2:37.28	

Comp No	Swimmer	Age	Entry Time	Race Time
4	Benjamin BEEDELL	14	2:28.86	
5	Tom ADAMS	14	2:21.00	

EVENT 502 Girls Open 200m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Imogen MCGILL	11		
2	Lucia KARIC	8		
3	Ffion TRUNDELL	11		
4	Grace ADAMS	13		
5	Poppy BATEY	10	4:07.70	
6	Lilly RUNDLE	10	4:04.33	
7	Molly BROWN	10	3:48.57	
8	Alice DOVEY	10	3:26.66	
9	Jessica O'HERLIHY	10	3:18.65	
10	Pippa EVERTON	11	3:12.04	
11	Amy CATHERALL	14	3:10.80	
12	Gemma HALL	13	3:05.30	
13	Bronte CLARIDGE	14	3:00.96	
14	Evadne DAWSON	12	2:59.56	
15	Lorna MCGILL	13	2:54.62	
16	Sophie BASKEYFIELD	13	2:51.28	
17	Emma WILDE	13	2:42.97	
18	Helena WATERS	14	2:41.18	
19	Abbie MASON	15	2:39.31	
20	Jemma HOUSEGO	11	2:35.24	

Comp No	Swimmer	Age	Entry Time	Race Time
21	Anita WONG	14	2:33.14	
22	Hannah MATTHEWS	14	2:31.52	
23	Berri HARRISON	18	2:30.35	
24	Rosemary HARVEY	15	2:29.63	
25	Amy TAPPERN	13	2:27.65	
26	Katie RUNDLE	12	2:26.01	
27	Natalie SMITH	15	2:24.89	
28	Holly LEGGOTT	14	2:22.52	
29	Emma WALLACE	14	2:21.92	
30	Bethany EAGLE-BROWN	13	2:21.43	
31	Alexandra COOPER	14	2:21.38	
32	Jessie SPOONER	14	2:21.35	
33	Danielle SHLACKMAN	17	2:20.50	
34	Ciara SHLACKMAN	14	2:20.46	
35	Bailie HARRISON	16	2:17.69	
36	Bethany WILDE	17	2:15.96	
37	Kelda MCKNIGHT	20	2:15.80	
38	Chloe JONES	14	2:14.63	
39	Isabel SPINLEY	16	2:13.49	
40	Emily MCCANN	15	2:13.31	

EVENT 503 Boys Open 25m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Logan MELVILLE	8	31.66	

Comp No	Swimmer	Age	Entry Time	Race Time
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EVENT 504 Girls Open 25m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
NO ENTRIES				

Comp No	Swimmer	Age	Entry Time	Race Time
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EVENT 505 Boys Open 50m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Henry BARNETT	14		
2	William KONG	13		
3	Charles HARRISON	11	49.49	
4	Alex JUNGSMANN	12	45.55	
5	Callum MELVILLE	10	43.37	
6	Jack HALL	16	39.02	
7	Harry CARDELL	12	38.18	
8	Jake JUNGSMANN	13	38.02	
9	Joseph MICHAEL	16	36.95	
10	Benjamin BRIGGS	14	36.64	

Comp No	Swimmer	Age	Entry Time	Race Time
11	Francis BARNETT	13	36.51	
12	Joseph LUND	12	36.34	
13	Alec LAMSDALE	19	34.00	
14	Louis METSELAAR	14	33.53	
15	Kallum PENMAN	14	33.06	
16	George SHAW	19	31.94	
17	Christopher BARRETT	20	30.47	
18	Gareth ROBERTS	43	30.38	
19	Benjamin BEEDELL	14	30.13	
20	Tom ADAMS	14	29.31	

Request to Parents

Please can we ask that all parents regularly check and update their swimmers' details on www.deepingssc.co.uk.

If you have forgotten your login, please email deepings@swimclubmanager.co.uk

Deepings Swimming Club - Club Championships 2016



Session 5 : Sunday 17th July Warm Up 9.00am Start 10.00am Sign-in by 9.15am

EVENT 506 Girls Open 100m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Sophie BASKEYFIELD	13		
2	Hannah TAYLOR	10		
3	Gemma HALL	13	1:54.42	
4	Jessica O'HERLIHY	10	1:49.36	
5	Evadne DAWSON	12	1:43.92	
6	Amy CATHERALL	14	1:42.56	
7	Grace ADAMS	13	1:37.40	
8	Emma WILDE	13	1:36.50	
9	Helena WATERS	14	1:35.85	
10	Phoebe CARDELL	14	1:34.36	
11	Amy TAPPERN	13	1:29.09	
12	Abbie MASON	15	1:28.16	
13	Anita WONG	14	1:24.09	
14	Rosemary HARVEY	15	1:21.19	

Comp No	Swimmer	Age	Entry Time	Race Time
15	Jessie SPOONER	14	1:20.66	
16	Alexandra COOPER	14	1:19.12	
17	Holly LEGGOTT	14	1:18.47	
18	Jemma HOUSEGO	11	1:18.15	
19	Berri HARRISON	18	1:17.87	
20	Chloe JONES	14	1:16.89	
21	Katie RUNDLE	12	1:15.80	
22	Emma WALLACE	14	1:13.59	
23	Bethany EAGLE-BROWN	13	1:11.54	
24	Charlotte YOUTS	14	1:11.14	
25	Emily MCCANN	15	1:10.29	
26	Bethany WILDE	17	1:08.67	
27	Bailie HARRISON	16	1:05.67	
28	Isabel SPINLEY	16	1:04.79	

EVENT 507 Boys Open 200m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Charles HARRISON	11		
2	Jake JUNGSMANN	13		
3	Francis BARNETT	13		
4	Jack HALL	16	3:01.26	
5	Joseph LUND	12	3:00.22	

Comp No	Swimmer	Age	Entry Time	Race Time
6	Benjamin BRIGGS	14	2:42.25	
7	Benjamin BEEDELL	14	2:35.43	
8	Christopher BARRETT	20	2:35.19	
9	Kallum PENMAN	14	2:34.47	

EVENT 508 Girls Open 25m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
NO ENTRIES				

Comp No	Swimmer	Age	Entry Time	Race Time

EVENT 509 Boys Open 25m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Logan MELVILLE	8	24.97	

Comp No	Swimmer	Age	Entry Time	Race Time

EVENT 510 Girls Open 100m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Daisy JUNGSMANN	9		
2	Poppy BATEY	10		
3	Isla BAKER	9		
4	Lilly TAPPERN	9		
5	Hannah TAYLOR	10		
6	Lilly RUNDLE	10	2:12.28	
7	Alice DOVEY	10	2:01.57	
8	Imogen MCGILL	11	1:48.25	
9	Molly BROWN	10	1:47.87	
10	Tiffany WONG	11	1:47.01	
11	Ffion TRUNDELL	11	1:41.07	
12	Sophie BASKEYFIELD	13	1:37.60	
13	Molly BRIERS	10	1:37.50	
14	Grace ADAMS	13	1:37.49	
15	Pippa EVERTON	11	1:34.45	
16	Amy CATHERALL	14	1:33.80	
17	Gemma HALL	13	1:33.59	
18	Emma WILDE	13	1:32.25	
19	Lorna MCGILL	13	1:31.15	

Comp No	Swimmer	Age	Entry Time	Race Time
20	Bronte CLARIDGE	14	1:29.80	
21	Evadne DAWSON	12	1:28.50	
22	Rosemary HARVEY	15	1:27.53	
23	Hannah MATTHEWS	14	1:27.03	
24	Amy TAPPERN	13	1:22.65	
25	Phoebe CARDELL	14	1:21.98	
26	Helena WATERS	14	1:21.64	
27	Jemma HOUSEGO	11	1:21.14	
28	Abbie MASON	15	1:18.83	
29	Alexandra COOPER	14	1:17.37	
30	Bethany EAGLE-BROWN	13	1:16.26	
31	Katie RUNDLE	12	1:15.38	
32	Ciara SHLACKMAN	14	1:14.81	
33	Danielle SHLACKMAN	17	1:14.75	
34	Kelda MCKNIGHT	20	1:13.82	
35	Bailie HARRISON	16	1:13.61	
36	Chloe JONES	14	1:13.19	
37	Jessie SPOONER	14	1:12.39	
38	Emily MCCANN	15	1:11.52	

Rob Welbourn Open Meet 2016

Don't forget to get your entries in for our Open Meet on 1st & 2nd October, check your emails or our website for more details

Deepings Swimming Club - Club Championships 2016



Session 6 : Sunday 17th July Warm Up 12.30pm Start 1.30pm Sign-in by 12.45pm

EVENT 601 Girls Open 50m Backstroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Ellie STIFF	13		
2	Lauren SAUNDERSON	12		
3	Grace ADAMS	13		
4	Lucia KARIC	8		
5	Hannah PILLING	32		
6	Hannah TAYLOR	10		
7	Daisy JUNGSMANN	9	59.58	
8	Isabel JACKSON	11	57.83	
9	Isla BAKER	9	56.35	
10	Lilly RUNDLE	10	55.83	
11	Kaitlyn ROBERTS	12	53.51	
12	Jessica O'HERLIHY	10	53.29	
13	Lara TREHARNE	9	53.03	
14	Imogen MCGILL	11	50.96	
15	Isabelle WOOSNAM	11	49.97	
16	Molly BROWN	10	48.81	
17	Elysia WOOSNAM	12	48.40	
18	Ellen HALL	10	47.39	
19	Alice DOVEY	10	47.03	
20	Kaitlyn HARRISON	10	46.85	
21	Ffion TRUNDELL	11	46.57	
22	Lauren HARRISON	12	46.34	
23	Pippa EVERTON	11	46.27	
24	Tiffany WONG	11	46.03	
25	Molly BRIERS	10	45.83	
26	Lucy SMITH	14	44.29	
27	Amy CATHERALL	14	43.42	
28	Sophie LEGGOTT	18	43.35	

Comp No	Swimmer	Age	Entry Time	Race Time
29	Gemma HALL	13	42.90	
30	Sophie BASKEYFIELD	13	42.61	
31	Bronte CLARIDGE	14	42.58	
32	Lorna MCGILL	13	42.42	
33	Emma WILDE	13	42.21	
34	Evadne DAWSON	12	41.83	
35	Hannah MATTHEWS	14	40.71	
36	Amy TAPPERN	13	39.21	
37	Phoebe CARDELL	14	39.17	
38	Helena WATERS	14	39.00	
39	Jemma HOUSEGO	11	37.95	
40	Abbie MASON	15	37.74	
41	Rosemary HARVEY	15	37.50	
42	Natalie SMITH	15	37.03	
43	Katie RUNDLE	12	36.97	
44	Ciara SHLACKMAN	14	36.86	
45	Alexandra COOPER	14	36.56	
46	Anita WONG	14	36.00	
47	Kelda MCKNIGHT	20	35.53	
48	Holly LEGGOTT	14	35.26	
49	Bethany EAGLE-BROWN	13	35.02	
50	Jessie SPOONER	14	34.53	
51	Chloe JONES	14	34.22	
52	Bethany WILDE	17	34.20	
53	Isabel SPINLEY	16	33.71	
54	Emily MCCANN	15	33.61	
55	Bailie HARRISON	16	33.41	

EVENT 602 Boys Open 100m Butterfly

Comp No	Swimmer	Age	Entry Time	Race Time
1	Harry NEWMAN	10		
2	Henry BARNETT	14		
3	Jack HALL	16	1:34.29	
4	Harry CARDELL	12	1:26.84	
5	Francis BARNETT	13	1:22.43	
6	Joseph LUND	12	1:21.31	
7	Alec LAMSDALE	19	1:15.00	

Comp No	Swimmer	Age	Entry Time	Race Time
8	Louis METSELAAR	14	1:14.46	
9	George SHAW	19	1:12.99	
10	Kallum PENMAN	14	1:12.18	
11	Gareth ROBERTS	43	1:08.66	
12	Christopher BARRETT	20	1:08.22	
13	Benjamin BEEDELL	14	1:05.75	
14	Tom ADAMS	14	1:03.73	

EVENT 603 Girls Open 100m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Ellen HALL	10		
2	Poppy BATEY	10		
3	Isla BAKER	9		
4	Hannah TAYLOR	10		
5	Lilly TAPPERN	9		
6	Lilly RUNDLE	10	2:08.32	
7	Alice DOVEY	10	1:54.90	
8	Molly BROWN	10	1:50.77	
9	Kaitlyn ROBERTS	12	1:45.93	
10	Imogen MCGILL	11	1:42.49	
11	Ffion TRUNDELL	11	1:31.38	
12	Lauren HARRISON	12	1:29.01	
13	Jessica O'HERLIHY	10	1:28.85	
14	Pippa EVERTON	11	1:28.67	
15	Grace ADAMS	13	1:27.91	
16	Gemma HALL	13	1:23.32	
17	Sophie BASKEYFIELD	13	1:22.19	
18	Bronte CLARIDGE	14	1:20.38	
19	Lucy SMITH	14	1:19.56	
20	Amy CATHERALL	14	1:19.42	

Comp No	Swimmer	Age	Entry Time	Race Time
22	Lorna MCGILL	13	1:18.04	
23	Sophie LEGGOTT	18	1:17.63	
24	Emma WILDE	13	1:15.69	
25	Helena WATERS	14	1:12.41	
26	Abbie MASON	15	1:11.63	
27	Jemma HOUSEGO	11	1:10.42	
28	Katie RUNDLE	12	1:10.19	
29	Rosemary HARVEY	15	1:08.23	
30	Amy TAPPERN	13	1:07.29	
31	Ciara SHLACKMAN	14	1:06.57	
32	Danielle SHLACKMAN	17	1:06.27	
33	Jessie SPOONER	14	1:06.12	
34	Natalie SMITH	15	1:06.00	
35	Kelda MCKNIGHT	20	1:05.20	
36	Alexandra COOPER	14	1:05.11	
37	Bethany WILDE	17	1:04.08	
38	Chloe JONES	14	1:03.74	
39	Bethany EAGLE-BROWN	13	1:03.51	
40	Isabel SPINLEY	16	1:02.95	
41	Emily MCCANN	15	1:01.78	

Deepings Swimming Club - Club Championships 2016



Session 6 : Sunday 17th July Warm Up 12.30pm Start 1.30pm Sign-in by 12.45pm

EVENT 604 Boys Open 200m IM

Comp No	Swimmer	Age	Entry Time	Race Time
1	Callum MELVILLE	10		
2	Joseph MICHAEL	16		
3	Jack LITMAN	16		
4	Jake JUNGSMANN	13		
5	Charles HARRISON	11	3:33.75	
6	Daniel LANSELL	16	3:12.72	
7	Jack HALL	16	3:09.66	
8	Benjamin BRIGGS	14	2:58.31	

Comp No	Swimmer	Age	Entry Time	Race Time
9	Benjamin GREGSON	15	2:47.78	
10	Louis METSELAAR	14	2:37.14	
11	Christopher BARRETT	20	2:33.91	
12	Kallum PENMAN	14	2:32.85	
13	Benjamin BEEDELL	14	2:29.40	
14	Thomas NEAL	16	2:27.73	
15	Tom ADAMS	14	2:21.11	

EVENT 605 Girls Open 100m IM

Comp No	Swimmer	Age	Entry Time	Race Time
1	Daisy JUNGSMANN	9		
2	Lauren SAUNDERSON	12		
3	Hannah PILLING	32		
4	Hannah TAYLOR	10		
5	Lucia KARIC	8		
6	Kaitlyn HARRISON	10		
7	Lilly TAPPERN	9		
8	Isabel JACKSON	11		
9	Molly BRIERS	10		
10	Tiffany WONG	11	2:10.74	
11	Lilly RUNDLE	10	2:03.91	
12	Poppy BATEY	10	2:00.96	
13	Kaitlyn ROBERTS	12	1:59.76	
14	Imogen MCGILL	11	1:55.34	
15	Elysia WOOSNAM	12	1:51.08	
16	Molly BROWN	10	1:50.58	
17	Sian MORGAN-PLOUGHWRIG	12	1:48.00	
18	Jessica O'HERLIHY	10	1:45.92	
19	Alice DOVEY	10	1:44.71	
20	Ellen HALL	10	1:43.29	
21	Ffion TRUNDELL	11	1:42.67	
22	Evadne DAWSON	12	1:38.47	
23	Pippa EVERTON	11	1:38.19	
24	Sophie BASKEYFIELD	13	1:36.91	
25	Grace ADAMS	13	1:36.43	
26	Sophie LEGGOTT	18	1:36.38	
27	Gemma HALL	13	1:34.09	

Comp No	Swimmer	Age	Entry Time	Race Time
28	Amy CATHERALL	14	1:32.62	
29	Jessie SPOONER	14	1:29.87	
30	Lorna MCGILL	13	1:28.83	
31	Emma WILDE	13	1:28.73	
32	Hannah MATTHEWS	14	1:28.41	
33	Bronte CLARIDGE	14	1:28.27	
34	Jemma HOUSEGO	11	1:25.87	
35	Phoebe CARDELL	14	1:24.95	
36	Helena WATERS	14	1:24.22	
37	Rosemary HARVEY	15	1:24.15	
38	Abbie MASON	15	1:23.56	
39	Amy TAPPERN	13	1:22.68	
40	Natalie SMITH	15	1:20.85	
41	Katie RUNDLE	12	1:19.73	
42	Ciara SHLACKMAN	14	1:18.89	
43	Anita WONG	14	1:17.82	
44	Alexandra COOPER	14	1:16.68	
45	Chloe JONES	14	1:16.55	
46	Berri HARRISON	18	1:15.82	
47	Bethany EAGLE-BROWN	13	1:14.62	
48	Charlotte YOUNDS	14	1:13.80	
49	Bailie HARRISON	16	1:12.52	
50	Kelda MCKNIGHT	20	1:12.32	
51	Bethany WILDE	17	1:11.52	
52	Isabel SPINLEY	16	1:11.32	
53	Emily MCCANN	15	1:09.79	

EVENT 606 Boys Open 50m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Logan MELVILLE	8		
2	Owen SADLER	11		
3	Samuel HARRISS	9		
4	Oliver HARRISON	9	54.56	
5	Harry NEWMAN	10	50.94	
6	Luke HARRIS	11	42.94	
7	Charles HARRISON	11	39.67	
8	Jack LITMAN	16	38.30	
9	Callum MELVILLE	10	37.97	
10	Alex JUNGSMANN	12	37.67	
11	Daniel LANSELL	16	34.36	
12	Joseph LUND	12	33.91	
13	Darren SMITH	40	33.90	
14	William KONG	13	33.89	
15	Gary COOPER	48	32.67	
16	Francis BARNETT	13	32.22	

Comp No	Swimmer	Age	Entry Time	Race Time
17	Jack HALL	16	32.22	
18	Paul SMITH-SHELTON	48	31.66	
19	Joseph MICHAEL	16	31.34	
20	Henry BARNETT	14	31.32	
21	Alec LAMSDALE	19	31.00	
22	Jake JUNGSMANN	13	30.77	
23	Benjamin BRIGGS	14	30.45	
24	Kallum PENMAN	14	29.49	
25	Louis METSELAAR	14	29.31	
26	George SHAW	19	29.13	
27	Benjamin BEEDELL	14	28.72	
28	Gareth ROBERTS	43	28.64	
29	Benjamin GREGSON	15	28.45	
30	Christopher BARRETT	20	27.74	
31	Tom ADAMS	14	26.70	
32	Thomas NEAL	16	26.35	

Deepings Swimming Club - Club Championships 2016



Session 6 : Sunday 17th July Warm Up 12.30pm Start 1.30pm Sign-in by 12.45pm

EVENT 607 Girls Open 50m Breaststroke

Comp No	Swimmer	Age	Entry Time	Race Time
1	Hannah TAYLOR	10		
2	Lucia KARIC	8		
3	Isabel JACKSON	11		
4	Hannah PILLING	32		
5	Lilly TAPPERN	9		
6	Megan STIFF	11		
7	Isla BAKER	9	1:15.35	
8	Isabelle WOOSNAM	11	1:12.50	
9	Lilly RUNDLE	10	1:12.44	
10	Poppy BATEY	10	1:09.81	
11	Daisy JUNGSMANN	9	1:08.74	
12	Kaitlyn ROBERTS	12	1:07.74	
13	Lara TREHARNE	9	1:05.54	
14	Jessica O'HERLIHY	10	1:05.52	
15	Elysia WOOSNAM	12	1:04.96	
16	Molly BROWN	10	58.50	
17	Alice DOVEY	10	58.50	
18	Kaitlyn HARRISON	10	58.31	
19	Tiffany WONG	11	58.24	
20	Pippa EVERTON	11	56.92	
21	Molly BRIERS	10	56.84	
22	Lauren SAUNDERSON	12	55.93	
23	Imogen MCGILL	11	54.81	
24	Ffion TRUNDELL	11	54.07	
25	Sophie BASKEYFIELD	13	54.03	
26	Grace ADAMS	13	53.52	

Comp No	Swimmer	Age	Entry Time	Race Time
27	Gemma HALL	13	53.35	
28	Jessie SPOONER	14	53.24	
29	Sophie LEGGOTT	18	51.76	
30	Jemma HOUSEGO	11	50.79	
31	Evadne DAWSON	12	49.12	
32	Amy CATHERALL	14	48.26	
33	Amy TAPPERN	13	45.85	
34	Bronte CLARIDGE	14	44.94	
35	Lorna MCGILL	13	44.85	
36	Helena WATERS	14	44.43	
37	Holly LEGGOTT	14	44.12	
38	Abbie MASON	15	44.06	
39	Emma WILDE	13	43.92	
40	Chloe JONES	14	42.62	
41	Katie RUNDLE	12	42.15	
42	Hannah MATTHEWS	14	41.52	
43	Charlotte YOUNDS	14	40.02	
44	Bethany WILDE	17	39.88	
45	Isabel SPINLEY	16	39.71	
46	Bethany EAGLE-BROWN	13	39.66	
47	Anita WONG	14	38.91	
48	Alexandra COOPER	14	38.80	
49	Natalie SMITH	15	38.75	
50	Berri HARRISON	18	37.72	
51	Emily MCCANN	15	37.48	
52	Bailie HARRISON	16	36.78	

EVENT 608 Boys Open 100m IM

Comp No	Swimmer	Age	Entry Time	Race Time
1	Harry NEWMAN	10		
2	Logan MELVILLE	8		
3	Charles HARRISON	11		
4	William KONG	13	1:42.36	
5	Jack LITMAN	16	1:42.14	
6	Alex JUNGSMANN	12	1:38.99	
7	Callum MELVILLE	10	1:34.49	
8	Harry CARDELL	12	1:31.01	
9	Daniel LANSELL	16	1:30.12	
10	Darren SMITH	40	1:28.76	
11	Jack HALL	16	1:27.55	
12	Joseph LUND	12	1:26.37	
13	Gary COOPER	48	1:25.61	

Comp No	Swimmer	Age	Entry Time	Race Time
14	Henry BARNETT	14	1:24.83	
15	Francis BARNETT	13	1:24.59	
16	Joseph MICHAEL	16	1:22.18	
17	Benjamin GREGSON	15	1:20.67	
18	Kallum PENMAN	14	1:19.36	
19	Benjamin BRIGGS	14	1:19.31	
20	Jake JUNGSMANN	13	1:17.04	
21	George SHAW	19	1:15.29	
22	Louis METSELAAR	14	1:13.45	
23	Benjamin BEEDELL	14	1:09.77	
24	Thomas NEAL	16	1:06.28	
25	Tom ADAMS	14	1:05.15	

If you can stay behind at the end
and help us pack away all the equipment,
that would be a massive help and much appreciated

Deepings Swimming Club - Club Championships 2016



Session 6 : Sunday 17th July Warm Up 12.30pm Start 1.30pm Sign-in by 12.45pm

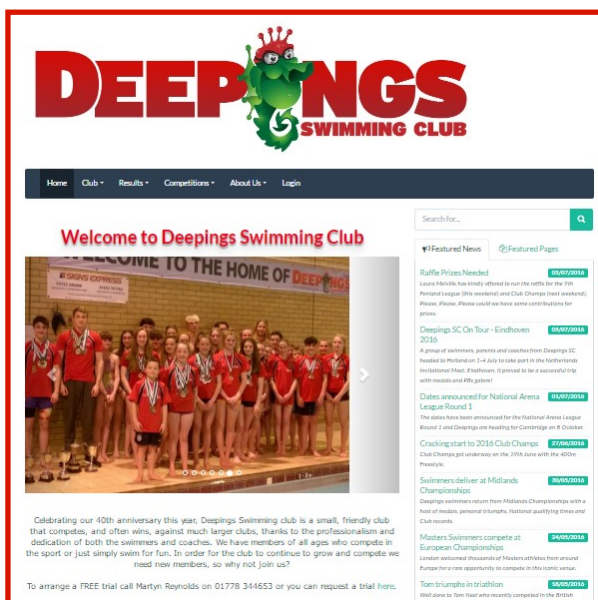
EVENT 609 Girls Open 50m Freestyle

Comp No	Swimmer	Age	Entry Time	Race Time
1	Lara TREHARNE	9		
2	Lilly TAPPERN	9		
3	Hannah TAYLOR	10		
4	Ellie STIFF	13		
5	Lucia KARIC	8		
6	Megan STIFF	11	57.79	
7	Isla BAKER	9	57.37	
8	Isabel JACKSON	11	56.37	
9	Lilly RUNDLE	10	49.78	
10	Poppy BATEY	10	47.43	
11	Kaitlyn ROBERTS	12	46.86	
12	Lauren SAUNDERSON	12	45.53	
13	Elysia WOOSNAM	12	44.74	
14	Sian MORGAN-PLOUGHWRIG	12	44.60	
15	Molly BRIERS	10	43.99	
16	Alice DOVEY	10	43.17	
17	Imogen MCGILL	11	42.98	
18	Tiffany WONG	11	42.89	
19	Isabelle WOOSNAM	11	42.78	
20	Molly BROWN	10	42.06	
21	Kaitlyn HARRISON	10	39.59	
22	Ffion TRUNDELL	11	39.41	
23	Jessica O'HERLIHY	10	39.18	
24	Pippa EVERTON	11	39.18	
25	Gemma HALL	13	36.69	
26	Grace ADAMS	13	36.62	
27	Lorna MCGILL	13	34.98	
28	Evadne DAWSON	12	34.96	

Comp No	Swimmer	Age	Entry Time	Race Time
29	Lauren HARRISON	12	34.96	
30	Lucy SMITH	14	34.68	
31	Sophie BASKEYFIELD	13	34.63	
32	Sophie LEGGOTT	18	34.46	
33	Amy CATHERALL	14	34.33	
34	Emma WILDE	13	34.08	
35	Helena WATERS	14	33.79	
36	Abbie MASON	15	32.48	
37	Jemma HOUSEGO	11	32.02	
38	Katie RUNDLE	12	32.02	
39	Berri HARRISON	18	32.00	
40	Ciara SHLACKMAN	14	31.78	
41	Amy TAPPERN	13	31.64	
42	Anita WONG	14	31.53	
43	Rosemary HARVEY	15	31.27	
44	Alexandra COOPER	14	31.09	
45	Hannah MATTHEWS	14	30.93	
46	Kelda MCKNIGHT	20	30.86	
47	Jessie SPOONER	14	30.65	
48	Chloe JONES	14	30.08	
49	Natalie SMITH	15	29.66	
50	Holly LEGGOTT	14	29.57	
51	Bethany EAGLE-BROWN	13	29.47	
52	Isabel SPINLEY	16	29.34	
53	Bailie HARRISON	16	28.97	
54	Emily MCCANN	15	28.77	
55	Bethany WILDE	17	28.39	

Thank you for your support,
and a big thank you to everyone who helped on
poolside or behind the scenes.

Have a safe journey home



New look website

make sure you check it out